

## Advocating for America's Heroes

Since its founding on Sept. 17, 1914, the Veterans of Foreign Wars, a nonprofit group has been the renowned support organization of the Veterans of Foreign Wars of the United States. Originally known as the "VFW Ladies Auxiliary," membership is now open to both men and women related to those who have served in overseas combat. Today, there are nearly 470,000 members in over 4,000 chapters.



Gloria Johnson shows her support for our troops.

From its inception, the auxiliary's primary goal has been a simple one: to help veterans and active-duty service members and their families, which often includes advocating for veterans' rights, providing community service and fundraising, and promoting patriotism.

Over the decades, millions of hours have been volunteered at veterans hospitals, and veterans/nursing homes. Millions of dollars has also been raised for veterans and their families, national disaster relief, cancer research and treatment, veterans memorials, care packages for troops, and youth programs and scholarships, as the VFW Auxiliary continues to take pride in its mission of "unwavering support for uncommon heroes."

## Team Member of the Month

Congratulations to Floretha "Reese" McCullough, September Team Member of the Month. Reese, often described by residents as "fast and thorough" while performing her housekeeping duties, is also considered trustworthy and conscientious, two very important attributes in one's professional as well as personal life.



Team Member of the Month: Floretha "Reese" McCullough

Simply put in the words of resident Barb Austin, Reese is a "Keeper!" We couldn't agree more, Reese, and consider ourselves lucky to count you as one of our team members. Congratulations again! Keep up the good work.

## Residents of the Month

Rod and Marion Reinhard are two selfless people who very quietly, and without want of or need for recognition, perform many acts of kindness for residents here at Glenbrooke. Whether it be providing that little "push" of encouragement to a new or perhaps unsure resident to "join in" and become more involved here at Glenbrooke, or providing transportation to and from medical appointments in special cases, Rod and Marion can be counted on to lend those helping hands. Two people more generous of spirit would be difficult to find and so, for that reason, and the fact that they are simply two nice people who are also fun to be around, the Glenbrooke community is indeed fortunate to count each of you among its friends. Congratulations to Rod and Marion.



Rod and Marion Reinhard: Residents of the Month

Like Us!

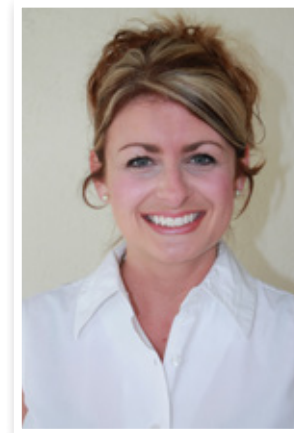
# Glenbrooke at Palm Bay *Lifestyle*

Independent Living  
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September 2017

## Dear Residents, Family and Friends of Glenbrooke

Saying goodbye to our dearest friends is never easy.



Gloria Shroyer, our Resident Program Director, has been employed at Glenbrooke since 2012. After years dedicated to entertaining and serving our residents, Gloria has decided to retire. Her departure leaves a void no one will be able to fill.

I am honored to have known and worked with Gloria. Her enthusiasm, quick wit, humor and love of our residents has left an indelible impression that will not be forgotten. As we spent the month of August celebrating her time at Glenbrooke, I was reminded of all of Gloria's wonderful contributions.

I want to sincerely thank Gloria Shroyer for all the years of entertainment, compassion and joy she has brought into our lives. I wish her the very best as she begins her new journey into retirement.

— Gina Bell

## Current Events Discussion Group

If you like staying current with what's going on around us, you should plan to attend Glenbrooke Residents' "Current Events Discussion Group," where the group's facilitator, Phil Stokes is always prepared with the latest happenings, be it on the national or local level.

Phil encourages a free-flowing discussion and sharing of occasionally differing opinions while, at the same time, he and the rest of the group subscribe and adhere to the premise that "we can disagree without being disagreeable."

The group meets on Thursdays, at 1 p.m., in the Card Room. Join us. You can participate as little or as much as you like, and who knows, you just might come away learning something you didn't know before.



Glenbrooke's "Current Events Group" meets for discussion.



**INDEPENDENT LIVING**  
**SEPTEMBER 2017**


**Locations**

- Activity Room, AR
- Cafe, Cafe
- Campus-Wide, CW
- Card Room, CR
- Clubhouse, CH
- Dining Room, DR
- Fitness Center, FC
- Glenbrooke Information Station, TV 732
- Library, LIB
- Main Lobby, ML
- Swimming Pool, Pool
- Third Floor Dining Room, 3FLDR

**Transportation Schedule**

- Monday**  
11 a.m.-1 p.m.  
1st Shuttle to Malabar Road Walmart for IL RESIDENTS (Sign-Up Required)
- Monday**  
9-10 a.m.  
Shopping at Publix, Winn-Dixie for AL & IL RESIDENTS (Sign-Up Required)
- Monday**  
12:30-2:30 p.m.  
2nd Shuttle to Malabar Rd Walmart for IL RESIDENTS (Sign-Up Required)
- Tuesday & Thursday**  
9 a.m.-1:30 p.m.  
Appointments in Melbourne for AL & IL RESIDENTS (Sign-Up Required 24 Hours in Advance)
- Wednesday**  
9 a.m.-1:30 p.m.  
Appointments in Palm Bay for AL & IL RESIDENTS (Sign-Up Required 24 Hours in Advance)
- Wednesday**  
10-11 a.m.  
Shopping at Publix, Winn-Dixie for AL & IL RESIDENTS (Sign-Up Required)
- Wednesday**  
12:30 p.m.-2 p.m.  
Shopping at Palm Bay Rd. Walmart/ Hammock Landing for AL & IL RESIDENTS (Sign-Up Required)
- Friday**  
9 a.m.  
Bank Run for AL & IL RESIDENTS (Sign-Up Required)
- Sunday**  
1-2 p.m.  
Scenic Bus Ride for AL & IL RESIDENTS (Sign-Up Required)
- Sunday**  
9 a.m.-12 p.m.  
Church Shuttle for IL RESIDENTS (Sign-Up Required)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Birthdays</b></p> <p>Mary Draser, 1st Patty Briggs, 1st Margaret Houlihan, 1st Paul Lee, 3rd Florence "Flo" Rodweller, 3rd Oliver Axtell, 5th Eleanor Cotton, 5th Bev Ellis, 9th Mary Connors, 13th Ollie Bienvenue, 13th</p>	<p>Audrey Cribbin, 14th Edward Taylor, 20th Lorraine Holcombe, 20th Mariko Keels, 20th Charles "Bill" Harris, 21st Bill Petersen, 21st Patricia "Pat" Lagorio, 24th June Noonan, 27th Marion White, 28th Joyce Batti, 29th</p>			<p>Support Our Troops! Wear Red on Fridays</p> <p>9:00 Attendant on Duty, FC 9:00 Bank Run, ML 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch Bunch @ John's Sweet Tomatoes, ML</p> <p>1:00 Shut the Box, CR 2:00 Pitchin' With Wayne, CH 3:00 Happy Hour, CH 6:45 Dollar Bingo, CR</p>	<p>10:00 Coffee Social 10:45 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Art With Betty and Friends, CH 2:30 Bingo w/Dolly-Wolly-Doodle, 3FLDR 7:00 Saturday Night Movie, TV 732</p>	
<p>9:00 Church Shuttle, ML 1:00 Scenic Sunday Drive, ML 1:30 Mah Jong, DR 2:00 Ice Cream Social, CR 7:00 Sunday Night Movie, TV 732</p>	<p><b>LABOR DAY</b> 1:30 Mah Jong, DR 6:45 Dollar Bingo, CR</p>			<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 Class w/Rick Rakauskas, CR 1:00 Tuesday Trivia: Fact or Baloney?, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR</p>	<p>9:00 Attendant on Duty, FC 9:00 Transport to Palm Bay Appts Until 1:30 p.m., ML 10:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:00 Holy Catholic Communion, 3FLDR 10:00 Bible Study 10:30 Sit 'N' Fit Exercises for Seniors, CH 12:30 Shop @ PBR Walmart/ Hammock Ldg., ML 1:00 Aqua Aerobics, Pool 3:00 Holey Board, CH</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 Thursday Thinkers, CR 11:00 Yoga/Meditation, CH 1:00 "Current Events" Discussion Group, LIB 2:00 AL Bingo, 3FLDR 4:00 Rowdy Roosters' Dinner Outing, ML</p>
<p>9:00 Church Shuttle, ML 1:00 Scenic Sunday Drive, ML 1:30 Mah Jong, DR 2:00 Ice Cream Social, CR 7:00 Sunday Night Movie, TV 732</p>	<p><b>PATRIOT DAY</b> 9:00 Attendant on Duty, FC 9:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:30 Sit 'N' Fit Exercises for Seniors, CH 11:00 IL Shopping @ Walmart, ML 12:30 IL Shopping @ Walmart, ML 1:00 Aqua Aerobics, Pool 1:30 Mah Jong, DR 6:45 Dollar Bingo, CR</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 <b>Health Topic Tuesday w/Jim Poulos, PBF</b> 1:00 Crossword Puzzle, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 4:00 Red Hat Mtg./ Dinner, ML</p>	<p>Roosters' Breakfast Outing, ML 9:00 Attendant on Duty, FC 9:00 Transport to Palm Bay Appts Until 1:30 p.m., ML 10:00 Bible Study 10:00 Communion/Fellowship With Deacon Tom, CH 10:00 Holy Catholic Communion, 3FLDR 10:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:30 Sit 'N' Fit Exercises for Seniors, CH 12:30 Shop @ PBR Walmart/ Hammock Ldg., ML 1:00 Aqua Aerobics, Pool 3:00 Holey Board, CH</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 Thursday Thinkers, CR 11:00 Yoga/Meditation, CH 1:00 "Current Events" Discussion Group, LIB 2:00 AL Bingo, 3FLDR</p>	<p>Support Our Troops! Wear Red on Fridays</p> <p>9:00 Attendant on Duty, FC 9:00 Bank Run, ML 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch Bunch @ Denny's, ML</p> <p>1:00 Shut the Box, CR 2:00 Pitchin' With Wayne, CH 3:00 Happy Hour, CH 6:45 Dollar Bingo, CR</p>	<p>10:00 Coffee Social 10:45 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Art With Betty and Friends, CH 2:30 Bingo w/Dolly-Wolly-Doodle, 3FLDR 7:00 Saturday Night Movie, TV 732</p>
<p>9:00 Church Shuttle, ML 1:00 Scenic Sunday Drive, ML 1:30 Mah Jong, DR 2:00 Ice Cream Social, CR 7:00 Sunday Night Movie, TV 732</p>	<p>9:00 Attendant on Duty, FC 9:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:30 Sit 'N' Fit Exercises for Seniors, CH 11:00 IL Shopping @ Walmart, ML 12:30 IL Shopping @ Walmart, ML 1:00 Aqua Aerobics, Pool 1:30 Mah Jong, DR 2:00 Singalong, CR 6:45 Dollar Bingo, CR</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 1:00 Crossword Puzzle, LIB 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 4:00 Oink Night @ Woody's BBQ, ML</p>	<p><b>ROSH HASHANAH BEGINS AT SUNDOWN</b> 9:00 Attendant on Duty, FC 9:00 Transport to Palm Bay Appts Until 1:30 p.m., ML 10:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:00 Holy Catholic Communion, 3FLDR 10:00 Bible Study 10:30 Sit 'N' Fit Exercises for Seniors, CH 12:30 Shop @ PBR Walmart/ Hammock Ldg., ML 1:00 Aqua Aerobics, Pool 3:00 Holey Board, CH</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 Thursday Thinkers, CR 11:00 Yoga/Meditation, CH 1:00 "Current Events" Discussion Group, LIB 2:00 AL Bingo, 3FLDR 6:30 <b>Special on Site Event: "Viva Italia!" CH</b></p>	<p><b>FALL BEGINS</b> Support Our Troops! Wear Red on Fridays</p> <p>9:00 Attendant on Duty, FC 9:00 Bank Run, ML 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch Bunch @ Makoto's Japanese Steakhouse, ML</p> <p>1:00 Shut the Box, CR 3:00 Happy Hour Featuring Ash Reeder, CH 6:45 Dollar Bingo, CR</p>	<p>10:00 Coffee Social 10:45 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Art With Betty and Friends, CH 2:30 Bingo w/Dolly-Wolly-Doodle, 3FLDR 7:00 Saturday Night Movie, TV 732</p>
<p>9:00 Church Shuttle, ML 1:00 Scenic Sunday Drive, ML 1:30 Mah Jong, DR 2:00 Ice Cream Social, CR 7:00 Sunday Night Movie, TV 732</p>	<p>9:00 Attendant on Duty, FC 9:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:30 Sit 'N' Fit Exercises for Seniors, CH 11:00 IL Shopping @ Walmart, ML 12:30 IL Shopping @ Walmart, ML 1:00 Aqua Aerobics, Pool 1:30 Mah Jong, DR 6:45 Dollar Bingo, CR</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 1:00 Resident Rumble, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 4:00 Food Film &amp; Folly, ML</p>	<p>Roosters' Breakfast Outing, ML 9:00 Attendant on Duty, FC 9:00 Transport to Palm Bay Appts Until 1:30 p.m., ML 10:00 Bible Study 10:00 Holy Catholic Communion, 3FLDR 10:00 Shopping @ Publix/ Walgreens/Winn-Dixie, ML 10:30 Sit 'N' Fit Exercises for Seniors, CH 12:30 Shop @ PBR Walmart/ Hammock Ldg., ML 1:00 Aqua Aerobics, Pool 3:00 Holey Board, CH</p>	<p>9:00 Transport to Melbourne Appts Until 1:30 p.m. 10:00 Thursday Thinkers, CR 11:00 Yoga/Meditation, CH 1:00 "Current Events" Discussion Group, LIB 2:00 AL Bingo, 3FLDR 4:30 Marco's Pizza Night, CH</p>	<p><b>YOM KIPPUR BEGINS AT SUNDOWN</b> Support Our Troops! Wear Red on Fridays</p> <p>9:00 Attendant on Duty, FC 9:00 Bank Run, ML 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 12:30 What's Cookin' w/ Wendy?, AR</p> <p>1:00 Shut the Box, CR 1:30 <b>Residents' Meeting</b> 6:45 Dollar Bingo, CR</p>	<p>10:00 Coffee Social 10:45 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Art With Betty and Friends, CH 2:30 Bingo w/Dolly-Wolly-Doodle, 3FLDR 7:00 Saturday Night Movie, TV 732</p>