


Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE
AT PALM BAY
SENIOR LIVING AT EASE

Like Us! 

Independent Living

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September 2015

Celebrating Labor Day at Glenbrooke

Labor Day in the United States is a holiday celebrated on the first Monday in September. It is a celebration of the American labor movement and is dedicated to the social and economic achievements of workers. The first Labor Day holiday was celebrated on Tuesday, Sept. 5, 1882, in New York City, in accordance with the plans of the Central Labor Union. Labor Day pays tribute to the contributions and achievements of American workers. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Glenbrooke will observe Labor Day with a program scheduled for 10 a.m. in the clubhouse, featuring resident speakers to discuss the history and other facts of the holiday. A special luncheon will also be served in the dining rooms with a movie presentation on Glenbrooke Channel 732 at 7 p.m. Enjoy the holiday!

September Resident of the Month

Congratulations to Patty Moltz, September's Resident of the Month. Patty can be seen at just about any Bingo game on campus and can always be trusted to put the "happy" in Happy Hour. In addition to Patty's great sense of fun is her knack of knowing when and pitching in to help fellow residents without calling attention to her doing so. And last but not least, Patty is truly one of Glenbrooke's Resident Fashionistas and is always looking her best. So next time you see Patty, give her a smile. You can bet she'll give one right back to you!



Patty M: September Resident of the Month.

INDEPENDENT LIVING

SEPTEMBER 2015

Locations

Activity Room, AR
Cafe, Cafe
Card Room, CR
Clubhouse, CH
Dining Room, DR
Fitness Center, FC

Glenbrooke Information Station, TV 732
Library, LIB
Main Lobby, ML
Swimming Pool, Pool
Third Floor Dining Room, 3FLDR

Birthdays

Mary Draser, 1st
Patty Briggs, 1st
Willard Miller, 5th
Eleanor Cotton, 5th
Oliver Axtell, 5th
Audrey Cribbin, 14th
Louis Franzo, 18th
Lorraine Holcombe, 20th

Edward Taylor, 20th
Bill Petersen, 21st
Betty Baird, 26th
Sam Nardone, 27th
Chester Clendenin, 27th
Marion White, 28th
Ken Baird, 30th

Transportation Schedule

Monday
11 a.m.-1 p.m.
First Bus to Malabar Road Walmart (Sign-Up Required)

Monday & Wednesday
9-10 a.m.
Shopping at Publix, Winn-Dixie (Sign-Up Required)

Monday
12:30-2:30 p.m.
Second Bus to Malabar Road Walmart (Sign-Up Required)

Tuesday & Thursday
9 a.m.-2 p.m.
Doctor Visits in Melbourne (Sign-Up Required 24 Hours in Advance)

Wednesday
9 a.m.-2 p.m.
Doctor Visits in Palm Bay (Sign-Up Required 24 Hours in Advance)

Wednesday
11 a.m.-1 p.m.
Retail Shopping

Friday
9 a.m.
Bank Run (Sign-Up Required)

Sunday
9 a.m.-1 p.m.
Church Shuttle (Sign-Up Required)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 What's the Buzz?, CR 7:30 Glenbrooke Gaiters, ML 10:00 Funnybones Don't Get Arthritis, CR 12:30 Popcorn Mini-Social, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 3:30 Film, Food and Folly, ML	2 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit DVD, CH 11:00 Shopping at Palm Bay Rd Walmart/Hammock Ldg, ML 12:30 Sherbet Mini-Social, CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Holy Board 6:30 Book Club, CR	3 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 4:00 Rowdy Roosters' Outing, ML 6:30 Night Court, CR	4 9:00 Fitness Club, FC 9:00 Bank Run 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch @ China Max, ML 2:00 Hugging the Family Tree, CH 3:30 Happy Birthday Happy Hour, CH	5 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Jagged Edge" (R), TV 732
9:00 Church Shuttle 6 1:00 Resident Run Board and Card Games, CR 2:00 Ice Cream Social 6:00 Resident Run Board and Card Games, CR 7:00 Faith and Family Film: "Letters to God" (Nr), TV 732	7 LABOR DAY 10:00 Labor Day Program, CH 12:00 Labor Day Picnic Luncheon, DR 6:30 Dollar Bingo, CR 7:00 Labor Day Movie: "Picnic" (NR), TV 732	8 7:30 Glenbrooke Gaiters, ML 9:00 On-Site Dermatology, AR 10:00 Health Topic Tuesday, CH 12:30 At the Hop Mini-Social, CR 1:00 Tuesday Trivia: "Fact or Baloney?," CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 4:00 Red Hat Mtg./Dinner, ML	9 8:00 Rowdy Rooster Breakfast, CH 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:00 Deacon Tom (Communion), CR 10:45 Sit 'n' Fit DVD, CH 11:00 Retail Shopping at Melbourne Mall, ML 12:30 "Back to School" Mini Social, CR 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Holy Board 6:30 Book Club, CR	10 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR	11 9:00 Fitness Club, FC 9:00 Bank Run 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 10:00 Patriot Day Program, CH 11:00 Out to Lunch @ Dottie's Restaurant, ML 2:00 Friday Fun and Games: "Spelling Bee," CR 3:30 Bach and Roll Happy Hour, CH 7:00 9/11 Movie Presentation: "The Guys" (PG), TV 732	12 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Sleeping With the Enemy" (R), TV 732
ROSH HASHANAH 13 12:30 Grandparents Day Luncheon, ML 9:00 Church Shuttle 1:00 Resident Run Board and Card Games, CR 2:00 Ice Cream Social 6:00 Resident Run Board and Card Games, CR 7:00 Faith and Family Film: "Ring the Bell" (Nr), TV 732 11:35 Grandparents Day Luncheon, DR	14 9:00 Fitness Club, FC 10:45 Sit 'n' Fit DVD, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	15 7:30 Glenbrooke Gaiters, ML 10:00 Health Topic Tuesday, CH 12:30 "Death by Chocolate" Mini Social, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 4:00 Oink Night at Woody's BBQ, ML	16 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit DVD, CH 11:00 Shopping at Palm Bay Rd Walmart/Hammock Ldg, ML 12:30 "Love Letters to My Family" Mini Social, CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Holy Board 6:30 Book Club, CR	17 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 2:30 Cooking Demonstration, DR 5:30 Pasta, Passion and Pistols, CH	18 9:00 Fitness Club, FC 9:00 Bank Run 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch @ Apollo Diner, ML 2:00 Stories for the Heart, CR 3:30 Ahoy Mates! Happy Hour, CH	19 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "The Witness" (R), TV 732
9:00 Church Shuttle 20 1:00 Resident Run Board and Card Games, CR 2:00 Ice Cream Social 6:00 Resident Run Board and Card Games, CR 7:00 Faith and Family Film: "Facing the Giants" (Nr), TV 732	21 9:00 Fitness Club, FC 10:45 Sit 'n' Fit DVD, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	22 7:30 Glenbrooke Gaiters, ML 10:00 Health Topic Tuesday, CH 12:30 "An Apple a Day" Mini Social, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR	23 AUTUMN BEGINS YOM KIPPUR 8:00 Rowdy Rooster Breakfast, CH 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit DVD, CH 11:00 Retail Shopping at Melbourne Square, ML 12:30 "Cheese and Crackers" Mini Social, CR 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Holy Board 6:30 Book Club, CR	24 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 4:00 Recipe Entry Deadline, ML 4:30 Pizza Night, CH	25 9:00 Fitness Club, FC 9:00 Bank Run 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Out to Lunch @ Nomad Cafe 2:00 Resident Council Mtg, CH 3:30 "Meet 'N' Greet" Happy Hour, CH	26 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Presumed Innocent" (R), TV 732
9:00 Church Shuttle 27 1:00 Resident Run Board and Card Games, CR 2:00 Ice Cream Social 6:00 Resident Run Board and Card Games, CR 7:00 Faith and Family Film: "A Mother's Gift" (Nr), TV 732	28 9:00 Fitness Club, FC 10:45 Sit 'n' Fit DVD, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	29 7:30 Glenbrooke Gaiters, ML 10:00 Health Topic Tuesday, CH 12:30 "Cider and Cookies" Mini Social, CR 2:00 AL Bingo, 3FLDR 3:00 Yarn Club, CR 3:30 Monthly Mixer, CR	30 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit DVD, CH 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Holy Board 4:30 Resident Pitch in Dinner, CH 6:30 Book Club, CR			

Team Member of the Month!

Congratulations to Kelly Petrie, September's Team Member of the Month. Kelly, as Glenbrooke's Concierge Extraordinaire, can be seen at the Front Desk assisting residents, fellow team members and just about anyone else telephoning or entering Glenbrooke's doors. Kelly's professionalism is incontrovertible and her sense of style knows no equal. That said, Kelly's calm demeanor and incredible kindness, added to her already mentioned attributes, make her a joy to be around. We are truly lucky to have her at our Front Desk, on our team and as our friend!



Kelly Petrie: September Team Member of the Month

Viva Mexico!

Mexico marks one of its most important holidays each year on Sept. 16, Independence Day. Much like the holidays north of the border in the U.S. and Canada, Mexico celebrates with parades, parties, fireworks and flags.

The day commemorates the moment in 1810 when priest Miguel Hidalgo rang the church bell in the town of Dolores in the Mexican state of Guanajuato and made his famous El Grito de Dolores, meaning "the Cry of Dolores." The rallying cry inspired a makeshift army of thousands to revolt and begin the Mexican War of Independence from ruling Spain.

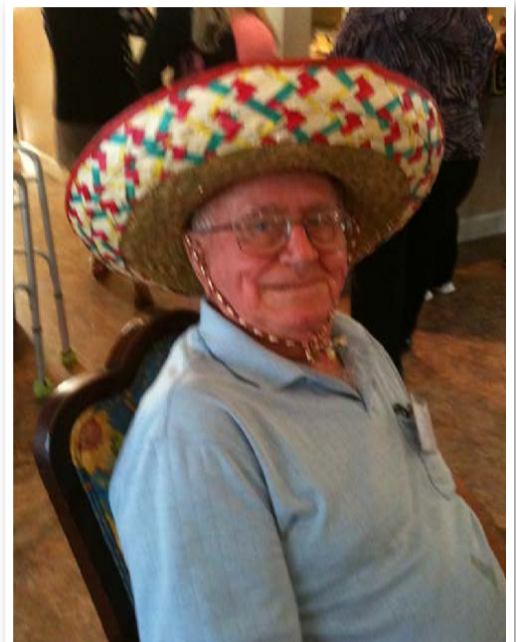
Each year on the eve of the national holiday, Hidalgo's stirring call to arms is re-enacted in cities with the shouts of "Viva Mexico!"

sounding throughout the country. In Mexico City's main square, up to half a million people gather to hear the country's president ring the same bell Hidalgo rang and recite a modern version of the speech from the balcony of the National Palace.

Be sure to join us Wednesday, Sept. 16, at 12:30 p.m., in the 2nd Floor Card Room for salsa and chips and some fun as we celebrate Mexico's Independence Day. Viva Mexico!



Connie F. says, "Viva Mexico!"



Pete H: ready for the fiesta!