


Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE
AT PALM BAY
SENIOR LIVING AT EASE

Like Us! 

Independent Living

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June 2015

June Resident of the Month

Meet Beverly Jahnke, June Resident of the Month. Beverly is very active here at Glenbrooke. From Bingo to Yoga, Beverly can be found participating with both a positive attitude and well-honed sense of fun. Additionally, Beverly can often be seen demonstrating her keen intellect when participating in Glenbrooke's Book Club and/or Night Court activities. Her thoughtful and intelligent comments often add much to the discussion. In a more personal vein, Beverly is one of the kindest, most even-tempered and patient persons this writer has ever met. We could all learn a lot from her. Congratulations, Beverly. You truly are a jewel in the crown of Glenbrooke.



Beverly Jahnke: June Resident of the Month

From the Desk of Jackie Holmes

Dear Residents,

Remember the 1956 movie "Carousel" by Rogers and Hammerstein and the phrase in one of its iconic songs, "June is busting out all over?"

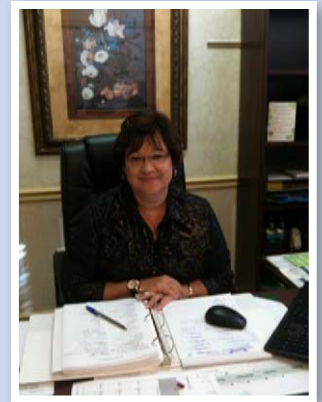
Well at Glenbrooke that phrase really fits. We

are seeing so many new faces join the family. I hope you have taken the time to go up to that unfamiliar face, say hello, introduce yourself, ask their name, and maybe even invite them to join you for a meal. It is no fun to be the new kid on the block, and we have all been there.

One of the ways you could really help Gloria and Wendy is when in conversation with these new residents, find out their interests and let us know. We try to get to know them, but many times you pick up on something they did not mention to the staff.

I do want to remind you that I have an open door and want you to know how I can be of service to you. As I walk through the dining room, stop me, and if your day has been just a little rough, let me know and maybe we can have lunch or dinner together. Remember, Glenbrooke is a family and we are here for each other.

— Jackie



Jackie Holmes:
Executive Director

INDEPENDENT LIVING

JUNE 2015

Locations

- Activity Room, AR
- Cafe, Cafe
- Card Room, CR
- Clubhouse, CH
- Dining Room, DR
- Fitness Center, FC

Glenbrooke Information Station, TV 732

- Library, LIB
- Main Lobby, ML
- Swimming Pool, Pool
- Third Floor Dining Room, 3FLDR

Transportation Schedule

Monday

9 a.m.-2 p.m.

Shopping at Publix/Winn-Dixie, Malabar Road Walmart As Well As Occasional Special Shopping Outings

Tuesday & Thursday

9 a.m.-2 p.m.

Doctor Visits (SIGN-UP REQUIRED 24 HOURS in ADVANCE)

Wednesday

9 a.m.-2:30 p.m.

Doctor Visits (SIGN-UP REQUIRED 24 HOURS in ADVANCE) Shopping at Publix/Winn-Dixie and PBR Walmart/Hammock Ldg

Friday

11 a.m.-1:30 p.m.

Lunch Bunch, Bank Run (SIGN-UP REQUIRED)

Sunday

9 a.m.-noon

Church Shuttle (SIGN-UP REQUIRED)

Birthdays

- | | |
|----------------------|-------------------------|
| Dorothy Greiner, 1st | Connie Fraleigh, 23rd |
| Mary Gilbert, 4th | Earl Velleca, 23rd |
| June Rayner, 4th | Lucille Kennedy, 28th |
| Marv Toepler, 11th | Harriette Wilhite, 30th |
| Pete Hoffman, 21st | |
| Dave Hollister, 21st | |

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	GNN News Special, TV 732 1 9:00 Fitness Club, FC 10:45 Sit 'n' Fit, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 3:30 Film, Food and Folly, ML 6:30 Dollar Bingo, CR	2 7:30 Glenbrooke Gaiters, ML 10:00 Helpful Topic Tuesday: "Hurricane Preparedness," CH 2:00 AL Bingo, 3FLDR	3 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit, CH 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Yarn Club, CR 3:00 Holey Board Hoedown 6:30 Book Club, CR	4 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 4:00 Rowdy Roosters' Outing, ML 6:30 Night Court, CR	5 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 10:00 Health Fair, CH 11:00 Lunch Bunch @ Rooney's, ML 3:30 Dean "Martini" Happy Hour, CH	6 Belmont Stakes Derby 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Movie: "The Sound of Music" (G), TV 732
7 2:00 "Top That" Ice Cream Social, Cafe 7:00 Faith and Family Film: "Follow the River" (NR), TV 732	8 9:00 Fitness Club, FC 10:45 Sit 'n' Fit, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 3:30 Food, Film and Folly, ML 6:30 Dollar Bingo, CR	9 7:30 Glenbrooke Gaiters, ML 9:00 On-Site Dermatology, AR 2:00 AL Bingo, 3FLDR 4:00 Red Hat Mtg/ Dinner, ML	10 8:00 Rowdy Rooster Breakfast, CH 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:00 Deacon Tom (Communion), CR 10:45 Sit 'n' Fit, CH 12:30 "The S'mores the Merrier," CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Yarn Club, CR 3:00 Holey Board Hoedown 6:30 Book Club, CR	11 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR	12 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Lunch Bunch @ Texas Roadhouse, ML 1:00 Go With the Flow, CH 3:30 Moonshine Happy Hour, CH	13 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Movie: "The Duchess" (PG-13), TV 732
14 FLAG DAY 2:00 Ice Cream Social 7:00 Tombstone (Western) (PG-13), TV 732	15 9:00 Fitness Club, FC 10:45 Sit 'n' Fit, CH 1:00 Aqua Aerobics, Pool 2:00 Patriotic Singalong, CR 3:00 Glenbrooke Crafters, AR 3:30 Film/Food/Folly, ML 6:30 Dollar Bingo, CR	16 7:30 Glenbrooke Gaiters, ML 2:00 AL Bingo, 3FLDR	17 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit, CH 12:30 Popsicle Social, CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Yarn Club, CR 3:00 Holey Board Hoedown 6:30 Book Club, CR	18 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 6:00 Outlaw Hoedown, CH	19 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Lunch Bunch @ Applebee's, ML 1:30 Retail Shopping, ML 3:30 Sunny Umbrella Happy Hour	20 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Movie: "My Big Fat Greek Wedding" (PG), TV 732
21 FATHER'S DAY FIRST DAY OF SUMMER 2:00 Ice Cream Social 7:00 Faith/Family Film: "A Horse for Danny" (NR), TV 732	22 9:00 Fitness Club, FC 10:45 Sit 'n' Fit, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	23 7:30 Glenbrooke Gaiters, ML 10:00 Health Topic: "Eating Safety," CH 2:00 AL Bingo, 3FLDR	24 8:00 Rowdy Rooster Breakfast, CH 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'n' Fit, CH 12:30 Food Truck, CH 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Yarn Club, CR 3:00 Holey Board Hoedown 6:30 Book Club, CR	25 7:30 Glenbrooke Gaiters, ML 10:00 Thursday Thinkers, CH 11:00 Yoga/Meditation, CH 1:00 "Pep Rally" (Review of Next Month's Events), CH 1:30 Discussion Group, CH 2:00 AL Bingo, 3FLDR 4:30 Pizza Party, CH	26 9:30 Go With the Flow, CH 10:00 Sewing Circle, AR 11:00 Lunch Bunch @ San Remos, ML 2:00 Resident Council Mtg, CH 3:30 Watermelon Wine Happy Hour	27 10:00 Coffee Social, CH 11:00 Pass the Junk, CH 1:00 Wii Bowling, LIB 1:00 Painting With Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Movie: "Passion Fish" (R), TV 732
28 2:00 Ice Cream Social 7:00 "Guess Who's Coming to Dinner" (PG), TV 732	29 9:00 Fitness Club, FC 10:45 Sit 'n' Fit, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	30 7:30 Glenbrooke Gaiters, ML 10:00 Spelling Bee, CH 2:00 AL Bingo, 3FLDR				

June Team Member of the the Month

Meet Janibell Hernandez: June Team Member of the Month. Janibell is described by her supervisor, Teresa Perez-Garcia, as “both my right and left hands. She is competent, organized and always willing to help anyone that needs help.” Janibell is indeed an asset to the operation and provision of services to the assisted living residents by providing the requisite assistance as well as going the extra mile when necessary to help not only residents but staff as well. Congratulations, Janibell, on being acknowledged for the good work you do! Glenbrooke is fortunate to have you as part of its team.



Janibell Hernandez: June Team Member of the Month

A Tribute to the American Flag

For many of us, the memory of reciting the Pledge of Allegiance in school is a common one. Standing with right hand over heart and speaking its words in unison was a typical start to the day. Fittingly, America’s classrooms were the reason for the pledge’s creation.

In 1892, Francis Bellamy was a staff member of “The Youth’s Companion,” a popular children’s magazine. He was tasked with creating a patriotic program for the nation’s public schools to celebrate the 400th anniversary of Christopher Columbus’ arrival in the New World. A key component of the program was a tribute to the American flag that students would recite together. Bellamy drafted the original pledge: “I pledge allegiance to my flag and the republic for which it stands, one nation, indivisible, with liberty and justice for all.”

Through the years, the pledge has been slightly modified to the words we know today. In June 1942, it was included in the U.S. Flag Code, and in 1945, the official name, the Pledge of Allegiance, was adopted.

Join us Monday, June 15, in the Second Floor Card Room for a Patriotic Singalong as we sing the praises and celebrate our pride in the greatest country in the world!



Patriotic centerpiece designed and donated by Glenbrooke resident Teru Dickinson



Bruny Miller models her handmade patriotic hat!