


# Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE  
AT PALM BAY  
SENIOR LIVING AT EASE

Like Us! 

Independent Living

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March 2015

## Glenbrooke Rolls Out the Red Carpet!

Glenbrooke will host its second annual "Red Carpet Night" on Thursday, March 19, 2015, beginning at 6 p.m. in the Glenbrooke Clubhouse. Dress as a character from your favorite movie, wear your best evening wear or come as you are and join us for a night of champagne and hors d'oeuvres, while rubbing elbows with the rich and famous. Don't miss the event everyone will be talking about! For you trivia enthusiasts, the following should provide you with enough info to easily wow your friends.

Oscar Firsts and Other Trivia

**The First Color Film to Win Best Picture:**

Gone with the Wind (1939)

**The Only Sequels to Win Best Picture:**

The Godfather Part II (1974)

The Lord of the Rings: The Return of the King (2003)

**The Only X-Rated Film to Win Best Picture:**

Midnight Cowboy (1969)

[The film was subsequently edited and given an R rating in 1971.]

**The Only Performers to Win Consecutive Academy Awards:**

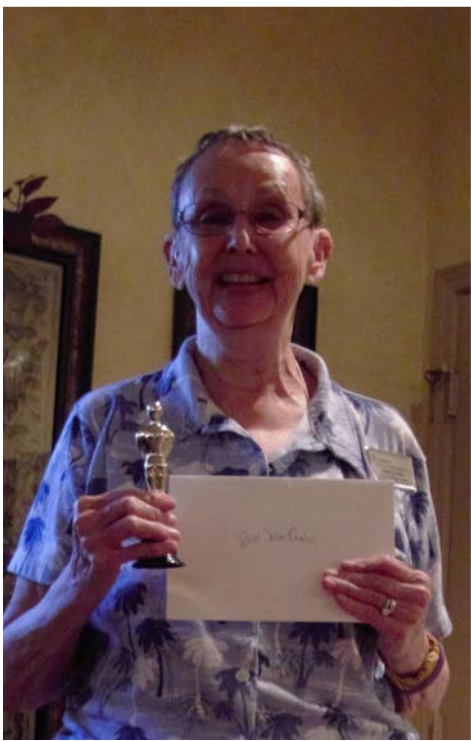
Luise Rainer, 1936 and 1937

Spencer Tracy, 1937 and 1938

Katharine Hepburn, 1967 and 1968

Jason Robards, 1976 and 1977

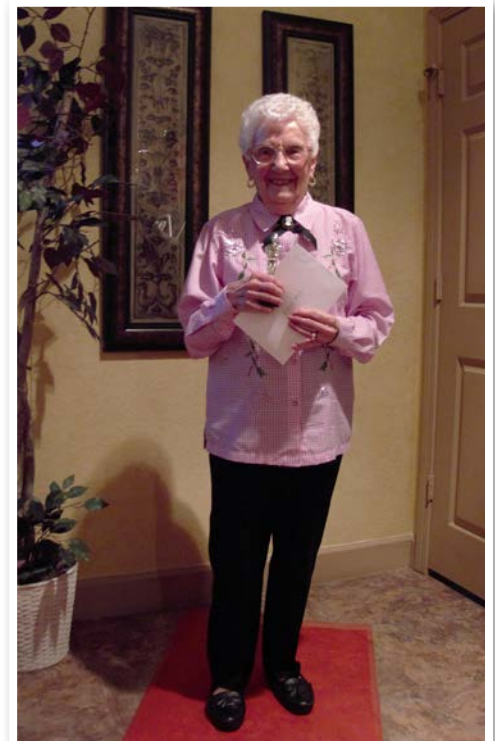
Tom Hanks, 1993 and 1994



Joan Leake: 2014 Oscar Winner



Denise Dubey: 2014 Oscar Winner



Sophie Ruccione: 2014 Oscar Winner

**INDEPENDENT LIVING**

**MARCH 2015**

**Locations**

- Activity Room, AR
- Cafe, Cafe
- Card Room, CR
- Clubhouse, CH
- Dining Room, DR
- Fitness Center, FC
- Glenbrooke Information Station, TV 732
- Library, LIB
- Main Lobby, ML
- SIGN UP REQUIRED, ##
- Swimming Pool, Pool
- Third Floor Dining Room, 3FLDR


**Transportation Schedule**

- Monday**  
9 a.m.-2 p.m.  
Grocery Shopping, Bank Run  
(SIGN-UP REQUIRED)
- Tuesday**  
9 a.m.-2 p.m.  
Doctor Visits (SIGN-UP REQUIRED)  
24 HOURS in ADVANCE)
- Wednesday**  
9 a.m.-1:30 p.m.  
Grocery Shopping, Out to Lunch Bunch,  
Retail Shopping (SIGN-UP REQUIRED)
- Thursday**  
9 a.m.-2 p.m.  
Doctor Visits (SIGN-UP REQUIRED)  
24 HOURS in ADVANCE)
- Sunday**  
9 a.m.-Noon  
Church Shuttle (SIGN-UP REQUIRED)

**Birthdays**

- Aline Bissonnette, 3rd
- Mary DiFernando, 4th
- Vito Pecora, 5th
- Ruth Boyd, 5th
- Max Gray, 16th
- Ardith Barry, 20th
- Les Lobeau, 23rd
- Ginny Edmiston, 24th
- June Geiger, 24th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:00 Church Shuttle, ML <b>1</b></p> <p>1:00 Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Elizabeth" (R), TV 732</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>2</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Malabar Rd Walmart##, ML</p> <p>12:30 Malabar Rd Walmart##, ML</p> <p>2:00 Singalong, CR</p> <p>3:00 Crafts, AR</p> <p><b>3:30 Film/Food/Folly##, ML</b></p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>3</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>4</b></p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch##, ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:30 Retail Shopping##, TV 732</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:30 Book Club, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>5</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Thursday Thinkers, CH</p> <p>10:00 Chaplain's Corner, CR</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p><b>4:00 Roosters' Dinner Outing##, ML</b></p> <p>6:00 Board/Card Games, CR</p>	<p>9:00 Bank Run##, ML <b>6</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>1:00 Crossword Puzzles, 3FLDR</p> <p><b>3:30 Happy Hour, CH</b></p>	<p>10:00 Coffee Social, CH <b>7</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Board/Card Games, CR</p> <p>1:00 Wii Bowling##, LIB</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Saving Mr. Banks" (PG-13), TV 732</b></p>
<p><b>DAYLIGHT SAVING TIME BEGINS</b> <b>8</b></p> <p>9:00 Church Shuttle, ML</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Atonement" (R), TV 732</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>9</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Malabar Rd Walmart##, ML</p> <p>12:30 Malabar Rd Walmart##, ML</p> <p>2:00 Singalong, CR</p> <p>3:00 Crafts, AR</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p>9:00 On Site Dermatology##, AR <b>10</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p><b>4:00 Red Hat Mtg/ Dinner##, ML</b></p> <p>6:00 Board/Card Games, CR</p>	<p>8:00 Rowdy Rooster Breakfast, CH <b>11</b></p> <p>9:00 Publix/Winn-Dixie##, ML</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch##, ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:30 Retail Shopping##, TV 732</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:30 Book Club, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>12</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Thursday Thinkers, CH</p> <p>10:00 Chaplain's Corner, CR</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p> <p><b>6:30 Night Court, CR</b></p>	<p>9:00 Bank Run##, ML <b>13</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>1:00 Chicks' Spring Tea##, CH</p> <p><b>2:00 AL Brain Games Bingo</b></p> <p><b>3:30 Happy Hour, CH</b></p>	<p>10:00 Coffee Social, CH <b>14</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Board/Card Games, CR</p> <p>1:00 Wii Bowling##, LIB</p> <p><b>2:00 AL Bonanza Bingo</b></p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Frozen" (PG)</b></p>
<p>9:00 Church Shuttle, ML <b>15</b></p> <p>1:00 Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Faceoff" (R), TV 732</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>16</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Malabar Rd Walmart##, ML</p> <p>12:30 Malabar Rd Walmart##, ML</p> <p>2:00 Singalong, CR</p> <p>3:00 Crafts, AR</p> <p><b>3:30 Film/Food/Folly##, ML</b></p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p>ST. PATRICK'S DAY <b>17</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>18</b></p> <p>9:00 Podiatrist, AR</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p>10:00 Wednesday Wellness, CH</p> <p><b>11:00 Out to Lunch Bunch##, ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:30 Retail Shopping##, TV 732</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:30 Book Club, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>19</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Thursday Thinkers, CH</p> <p>10:00 Chaplain's Corner, CR</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p> <p><b>6:00 Red Carpet Event, CH</b></p>	<p>SPRING BEGINS <b>20</b></p> <p>9:00 Bank Run##, ML</p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p><b>3:30 Happy Hour, CH</b></p>	<p>10:00 Coffee Social, CH <b>21</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Board/Card Games, CR</p> <p>1:00 Wii Bowling##, LIB</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "The Inheritance" (Not Rated), TV 732</b></p>
<p>9:00 Church Shuttle, ML <b>22</b></p> <p>1:00 Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Where There's a Will" (Not Rated), TV 732</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>23</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Malabar Rd Walmart##, ML</p> <p>12:30 Malabar Rd Walmart##, ML</p> <p>1:30 Celebrating Rock &amp; Roll, CH</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p>	<p>8:00 Rowdy Rooster Breakfast, CH <b>25</b></p> <p>9:00 Publix/Winn-Dixie##, ML</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch##, ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:30 Retail Shopping##, TV 732</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:30 Book Club, CR</p>	<p>9:00 Publix/Winn-Dixie##, ML <b>26</b></p> <p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Thursday Thinkers, CH</p> <p>10:00 Chaplain's Corner, CR</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p> <p><b>6:30 Night Court, CR</b></p>	<p>9:00 Bank Run##, ML <b>27</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p><b>2:00 Residents' Council Mtg, CH</b></p> <p><b>3:30 Monthly Mixer/ Happy Hr, CH</b></p>	<p>10:00 Coffee Social, CH <b>28</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Board/Card Games, CR</p> <p>1:00 Wii Bowling##, LIB</p> <p><b>2:00 AL Bonanza Bingo</b></p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "The General's Daughter" (R), TV 732</b></p>
<p><b>PALM SUNDAY</b> <b>29</b></p> <p>9:00 Church Shuttle, ML</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Board/Card Games, CR</p> <p><b>7:00 Movie: "Back to You and Me" (Not Rated)</b></p>	<p>9:00 Publix/Winn-Dixie##, ML <b>30</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Malabar Rd Walmart##, ML</p> <p>12:30 Malabar Rd Walmart##, ML</p> <p>2:00 Singalong, CR</p> <p>3:00 Crafts, AR</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p><b>9:00 Medical Appointments##, ML</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Board/Card Games, CR</p> <p>2:00 AL Bingo, 3FLDR</p> <p>6:00 Board/Card Games, CR</p>				

## Final Four Fundamentals

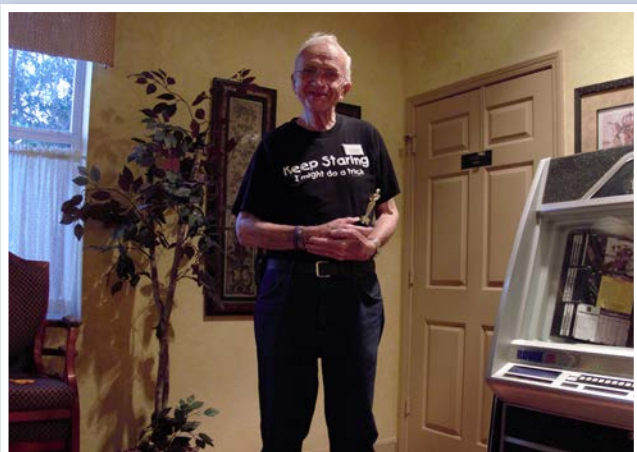
It's an annual rite of spring: March Madness, the NCAA tournament that crowns the best team in Men's Division I College Basketball. If you're unfamiliar with the court action, get off the sidelines with this quick guide.

**Selection Sunday:** A total of 68 teams are invited to play in the tournament. The teams are announced live on TV on Selection Sunday — the Sunday before the tournament's first game. The teams are also divided into four geographic regions: East, West, South and Midwest.

**Seeds:** A selection committee ranks the teams in each region and assigns each a seed number from 1 to 16, with 1 being the best. The No. 1 seed plays the No. 16 seed; No. 2 plays No. 15, and so on. A No. 1 seed has never lost to a 16th seed.

**The Bracket:** Fans often track and try to predict the winners of each match-up and the eventual champion by filling out a form known as a tournament bracket. The odds of filling out a perfect bracket are 1 in 9.2 quintillion.

**The Big Dance:** Over two weeks of single-elimination games, the teams are whittled down to the Sweet 16, then the Elite Eight. Finally, the teams remaining in each of the regions are the Final Four with the last two teams going on to the championship game, also called the Big Dance, usually played the first weekend in April.



Pops, shown here with his 2014 Oscar, could just as easily have been a basketball star.

## March Team Member of the Month

Congratulations to Gene Deluca, March Team Member of the Month. Gene has been with Glenbrooke as Transportation Specialist for a few months now and already most are asking, "How did we ever manage without him?" One of the reasons for such a question is Gene's willingness to go above and beyond his position's traditionally ascribed duties by overseeing the preventative as well as routine maintenance of Glenbrooke's vehicles.



Gene Deluca: Glenbrooke's very special Transportation Specialist

Next time you see Gene, congratulate him on being acknowledged as Team Member of the Month and, while you're at it, thank him for keeping us safer on the road.

## Resident of the Month

Meet Mary Gilbert, Glenbrooke's Resident of the Month for March. Mary recently served as President of Glenbrooke's 2014 Resident Council and can now be seen around campus attending many activities and lending a helping hand where needed. That said, one of the most salient features about Mary is her "like no other" laugh -- an uproarious, infectious laugh she so generously shares with all.



Mary Gilbert: March Resident of the Month

Thanks for all you do, Mary, and most especially, thanks for the laughs!