


# Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE  
AT PALM BAY  
SENIOR LIVING AT EASE

Like Us! 

Independent Living

815 Briar Creek Blvd. NE • Palm Bay, FL 32905 • 321-956-3330 • [www.glenbrookeseniorliving.com](http://www.glenbrookeseniorliving.com)

February 2015

## Happy Valentine's Day!

Life is like a Valentine,  
Heartwarming, bringing pleasure,  
Connected to good feelings,  
With memories to treasure.

Seeing a special Valentine  
Brings happiness to stay,  
And that's what you do, friend,  
You brighten every day!

— By Joanna Fuchs

Dear Glenbrooke Family,

Most of us tend to associate Valentine's Day with romantic love exclusively, but the truth is Valentine's Day is about love and love is universal — knowing no boundaries.

It is, of course, wonderful to reminisce about happy times shared with a special someone who may no longer be with us, and especially wonderful for those of you who are still able to celebrate the holiday with your true love. That said, let's not forget that love is a commodity that never goes out of style with a supply that will always meet its demand. And best of all, it doesn't cost a thing. So share your love on Valentine's Day by giving a valentine or a Valentine's Day wish to a friend or someone you know who might need cheering up. We're betting you'll both feel better!

Love,

Gloria, Michelle, Denise, Gene and Wendy

Your Programming Team



Joyce and Lou Franzoi: Happy together at Happy Hour



Love is all you need! Larry and Barbara Pringle

## Margaret Haynes: February Team Member of the Month

Glenbrooke is beyond fortunate in that Margaret Haynes, 'CNA Extraordinaire,' is a member of our team. Margaret expertly and deftly balances her professionalism with her truly heartfelt concern and empathy for the residents living on the third floor. She is willing to switch and wear many hats when necessary; if it will help the residents (or anyone, for that matter), Margaret is willing to assist.

Congratulations, Margaret! We are so lucky to have you here.



INDEPENDENT LIVING  
**FEBRUARY 2015**

**Locations**

- Activity Room, AR
- Cafe, Cafe
- Card Room, CR
- Clubhouse, CH
- Dining Room, DR
- Dovey's Nest, DN
- Fitness Center, FC
- Fitness Center, FC
- Glenbrooke Information Station, TV 732
- Library, LIB
- Main Lobby, ML
- Swimming Pool, Pool
- Third Floor Dining Room, 3FLDR

**Transportation Schedule**

- Sunday**  
9 a.m.-Noon  
Church Shuttle
- Monday**  
9 a.m.-2 p.m.  
Grocery Shopping, Bank Run
- Tuesday**  
9 a.m.-2 p.m.  
Doctor Visits
- Wednesday**  
9 a.m.-1:30 p.m.  
Grocery Shopping, Out to Lunch Bunch, Retail Shopping
- Thursday**  
9 a.m.-2 p.m.  
Doctor Visits

**Birthdays**

- Carl Kuchenbacker, 2nd
- Larry Pringle, 8th
- Earl Hill, 9th
- Tim Nichols, 10th
- Peggy Hoyle, 11th
- Helen Blalock, 13th
- Harriette Baldwin, 18th
- Flo Donovan, 19th
- Patty Pelley, 26th
- Patty Moltz, 26th

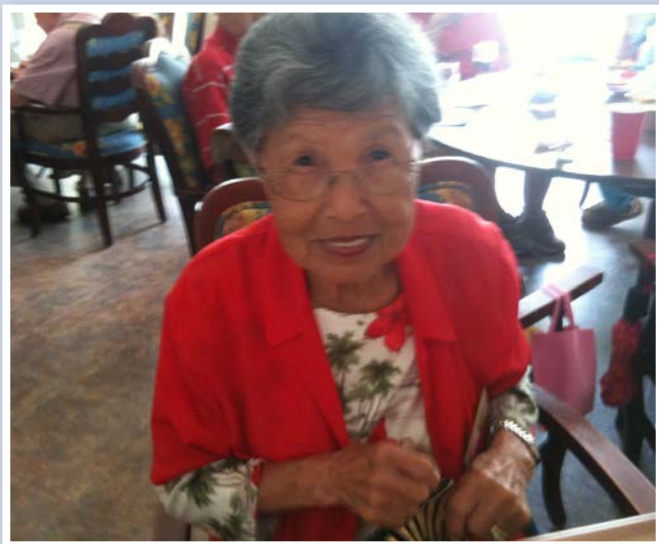
Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>9:00 Church Shuttle, ML <b>1</b></p> <p>1:00 Various Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "Love Comes Softly" (Rated G), TV 732</p>	 <p><b>GROUNDHOG DAY 2</b></p> <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML</p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>12:30 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>1:00 Aqua Aerobics, CH</p> <p>2:00 Musical Monday, CR</p> <p>2:00 Banker's Hours (sign-up required), ML</p> <p>3:00 Crafts, AR</p> <p><b>3:30 Film/Food/Folly (sign-up required), ML</b></p> <p><b>6:30 \$\$ Bingo, CR</b></p>	 <p><b>9:00 Transportation for Medical Appts (must sign up) 3</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Various Board/Card Games</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>6:00 Various Board/Card Games, CR</p>	 <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML <b>4</b></p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch (sign-up required), ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:00 Aqua Aerobics, CH</p> <p>1:30 Shop @ PBR Walmart/Hammock Landing (must sign up), ML</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:00 Various Board/Card Games, AR</p> <p>6:30 Book Club, CR</p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 5</b></p> <p>10:00 Chaplain's Corner, CR</p> <p>10:00 Thursday Thinkers, CH</p> <p>1:00 Various Board/Card Games, CR</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p><b>4:00 Rowdy Roosters' (&amp; Hens') Dinner Outing, ML</b></p> <p>6:00 Various Board/Card Games, AR</p>	<p>9:00 Fitness, FC <b>6</b></p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>1:00 Aqua Aerobics, CH</p> <p>1:00 AL Brain Games Crossword Puzzles, 3FLDR</p> <p><b>3:30 "Have a Heart" Happy Hour, CH</b></p>	<p><b>10:00 Coffee Social, CH 7</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Wii Bowling, LIB</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "The Painted Veil" (Rated PG-13)</p>
<p>9:00 Church Shuttle, ML <b>8</b></p> <p>1:00 Various Board/Card Games, CR</p> <p>1:00 Henegar Theatre (The Color Purple), ML</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "The Painted Veil" (Rated PG-13), TV 732</p>	<p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML <b>9</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>12:30 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>1:00 Aqua Aerobics, CH</p> <p>2:00 Musical Monday, CR</p> <p>2:00 Banker's Hours (sign-up required), ML</p> <p>3:00 Crafts, AR</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 10</b></p> <p>9:00 On Site Dermatology (Sign-up required), AR</p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Various Board/Card Games</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p><b>4:00 Red Hat Meeting/Dinner, ML</b></p> <p>6:00 Various Board/Card Games, CR</p>	<p>8:00 Rowdy Rooster Breakfast, CH <b>11</b></p> <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch (sign-up required), ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:00 Aqua Aerobics, CH</p> <p>1:30 Shop @ Melbourne Mall (Sign Up Required)</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:00 Various Board/Card Games, AR</p> <p>6:30 Book Club, CR</p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 12</b></p> <p>10:00 Chaplain's Corner, CR</p> <p>10:00 Thursday Thinkers, CH</p> <p>1:00 Various Board/Card Games, CR</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>6:00 Various Board/Card Games, AR</p> <p><b>6:30 Night Court, CR</b></p>	<p>9:00 Fitness, FC <b>13</b></p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>1:00 Aqua Aerobics, CH</p> <p><b>2:00 AL Brain Games Bingo</b></p> <p><b>3:30 Denim and Lace Happy Hour, CH</b></p> <p><b>7:00 Special Documentary DVD Presentation, TV 732</b></p>	<p><b>VALENTINE'S DAY 14</b></p> <p><b>10:00 Coffee Social, CH</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Wii Bowling, LIB</p> <p><b>2:00 AL Bonanza Bingo</b></p> <p><b>3:30 Happy Hearts Piano Music, CH</b></p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "Pride and Prejudice" (Rated PG), TV 732</p>
<p>9:00 Church Shuttle, ML <b>15</b></p> <p>1:00 Various Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "The American President" (Rated Pg 13)</p>	<p><b>PRESIDENTS' DAY 16</b></p> <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML</p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>12:30 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>1:00 Aqua Aerobics, CH</p> <p>2:00 Musical Monday, CR</p> <p>2:00 Banker's Hours (sign-up required), ML</p> <p>3:00 Crafts, AR</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p><b>MARDI GRAS 17</b></p> <p><b>9:00 Transportation for Medical Appts (must sign up)</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Various Board/Card Games</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>6:00 Various Board/Card Games, CR</p>	<p><b>ASH WEDNESDAY 18</b></p> <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch (sign-up required), ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:00 Aqua Aerobics, CH</p> <p>1:30 Shop @ PBR Walmart/Hammock Landing (must sign up), ML</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:00 Various Board/Card Games, AR</p> <p>6:15 Band Concert (Must Sign Up), ML</p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 19</b></p> <p>10:00 Chaplain's Corner, CR</p> <p>10:00 Thursday Thinkers, CH</p> <p>1:00 Various Board/Card Games, CR</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>6:00 Various Board/Card Games, AR</p> <p><b>6:00 Mardi Gras Ball, CH</b></p>	<p>9:00 Fitness, FC <b>20</b></p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>1:00 Aqua Aerobics, CH</p> <p><b>3:30 "Happy Hearts" Happy Hour</b></p>	<p><b>10:00 Coffee Social, CH 21</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Wii Bowling, LIB</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "Chances Are" (Rated Pg 13), TV 732</p>
<p>9:00 Church Shuttle, ML <b>22</b></p> <p>1:00 Various Board/Card Games, CR</p> <p>2:00 Ice Cream Social, Cafe</p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "Jane Eyre" (Rated G), TV 732</p>	<p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML <b>23</b></p> <p>9:00 Fitness, FC</p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p>11:00 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>12:30 Shop @ Malabar Rd Walmart (sign-up required), ML</p> <p>1:00 Aqua Aerobics, CH</p> <p>2:00 Musical Monday, CR</p> <p>2:00 Banker's Hours (sign-up required), ML</p> <p>3:00 Crafts, AR</p> <p><b>6:30 \$\$ Bingo, CR</b></p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 24</b></p> <p>10:00 Health Topic Tuesday, CH</p> <p>11:00 Go With the Flow, CH</p> <p>1:00 Various Board/Card Games</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>5:00 Oink Night (Sign Up Required), ML</p> <p>6:00 Various Board/Card Games, CR</p>	<p>8:00 Rowdy Rooster Breakfast, CH <b>25</b></p> <p>9:00 Shop @ Publix/Winn-Dixie (sign up required), ML</p> <p>9:00 Fitness, FC</p> <p>10:00 Catholic Communion, 3FLDR</p> <p><b>11:00 Out to Lunch Bunch (sign-up required), ML</b></p> <p>1:00 Shut the Box, CR</p> <p>1:00 Aqua Aerobics, CH</p> <p>1:30 Shop @ Melbourne Mall (Sign Up Required)</p> <p>2:00 Rolling Bowling, CR</p> <p>3:00 Yarn Club, CR</p> <p>6:00 Various Board/Card Games, AR</p> <p>6:30 Book Club, CR</p>	<p><b>9:00 Transportation for Medical Appts (must sign up) 26</b></p> <p>10:00 Chaplain's Corner, CR</p> <p>10:00 Thursday Thinkers, CH</p> <p>1:00 Various Board/Card Games, CR</p> <p><b>2:00 AL Bingo, 3FLDR</b></p> <p>6:00 Various Board/Card Games, AR</p> <p><b>6:30 Night Court, CR</b></p>	<p>9:00 Fitness, FC <b>27</b></p> <p>11:00 Sit 'n' Fit With Denise, CH</p> <p><b>2:00 Residents' Council Mtg, CH</b></p> <p><b>3:30 Monthly Mixer/Happy Hour, CH</b></p> <p>7:00 Armchair Travel, TV 732</p>	<p><b>10:00 Coffee Social, CH 28</b></p> <p><b>11:00 Pass the Junk, CH</b></p> <p>1:00 Wii Bowling, LIB</p> <p><b>2:00 AL Bonanza Bingo</b></p> <p>6:00 Various Board/Card Games, CR</p> <p>7:00 Movie: "A Little Romance" (PG), TV 732</p>

# Teru Dickinson: February Resident of the Month

Meet Teru Dickinson, February Resident of the Month. Teru is very active at Glenbrooke and can be seen participating in a plethora of activities ranging from Bingo to Happy Hour. Teru is also very accomplished at floral arrangement as can be evidenced by the beautiful centerpiece which presently graces the round table in our Lobby.

Congratulations, Teru and thank you for all you do!



Teru Dickinson

## Residents — Did You Know?

**Glenbrooke Chicks:** All females are automatically in the Glenbrooke Chicks with no dues. The female only events are on the Programming Calendar. The theme is polka-dots. Head Chick is Eleanor Cotton. Come enjoy the fun events!

**Glenbrooke Rowdy Roosters:** All males interested in joining should contact Dave Hollister, the Head Rooster. The male only events are on the Programming Calendar each month. Females attending the dinner outings must be accompanied by a Rowdy Rooster.

Board of Directors

Glenbrooke Residents' Council

## That's What Friends Are for ...

Everyone has a gift for something, even if it is the gift of being a good friend.

— Marian Anderson



Doris and Ruth agree hugs are good for your health.

## What's the Buzz? Programming Additions and/or Changes

### Additions

- Thursdays: The Chaplain's Corner — CR: Come visit with Pastor Steve Rossi for informal discussion and/or prayer.
- Watch calendars for Special Presentations/ Armchair Travel on DVD on designated Fridays at 7 p.m. on Channel 732.
- Wednesday, Feb. 18, Melbourne Municipal Band Concert — must sign up for this activity.

### Revisions

- Film/Food/Folly has changed from the first Tuesday of the month to the first Monday of the month. Bus leaves at 3:30 p.m. Must sign up for this activity.
- Fired-Up Pizza/Oink Night Outings: Bus will leave at 5 p.m. rather than 4 p.m. Must sign up for this activity.



Got three nickels? Join in on Pass the Junk, Saturdays at 11 a.m. in Clubhouse