


Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE
AT PALM BAY
SENIOR LIVING AT EASE

Like Us! 

Assisted Living

815 Briar Creek Blvd. NE • Palm Bay, FL 32905 • 321-956-3330 • www.glenbrookeseniorliving.com

September 2015

Celebrating Labor Day at Glenbrooke

Labor Day in the United States is a holiday celebrated on the first Monday in September. It is a celebration of the American labor movement and is dedicated to the social and economic achievements of workers. The first Labor Day holiday was celebrated on Tuesday, Sept. 5, 1882, in New York City, in accordance with the plans of the Central Labor Union. Labor Day pays tribute to the contributions and achievements of American workers. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Glenbrooke will observe Labor Day with a program scheduled for 10 a.m. in the clubhouse, featuring resident speakers to discuss the history and other facts of the holiday. A special luncheon will also be served in the dining rooms with a movie presentation on Glenbrooke Channel 732 at 7 p.m. Enjoy the holiday!

Mystery Solved

From jewel heists and bank robberies to murders and more, these super sleuths became household names for their ability to unravel mysteries in TV land. How many do you remember?

Joe Friday, "Dragnet" —

This radio show that became a TV series in 1952 was the crime drama that paved the way for all the rest and featured no-nonsense Sgt. Joe Friday (Jack Webb).

Perry Mason, "Perry Mason" —

Defense attorney Perry Mason (Raymond Burr) established his clients' innocence by using cross-examination skills and courtroom drama to get the guilty to confess.

Lt. Columbo, "Columbo" —

Known for his wrinkled trench coat and cigars, Columbo (Peter Falk), a homicide detective with the Los Angeles Police Department, tricked suspects with his absent-minded behavior and chatty demeanor, constantly asking, "Just one more thing."

Jessica Fletcher, "Murder, She Wrote" —

Former English teacher turned mystery writer Jessica Fletcher (Angela Lansbury) became a pro at following clues and solving real crimes, many of which took place near her quaint, fictional hometown of Cabot Cove, Maine.

Join Richard to help solve Glenbrooke's Murder Mystery "Pasta, Passion and Pistols" on Sept. 10, at 5:30 p.m., in the card room.



Richard is here to solve our mystery

ASSISTED LIVING

SEPTEMBER 2015

Locations

Activity Room, AR
Cafe, Cafe
Card Room, CR
Clubhouse, CH
Dining Room, DR
Eligible for Brain Games Points, BGP
Fitness Center, FC
Glenbrooke Information Station, TV 732
Library, LIB
Main Lobby, ML
Swimming Pool, Pool
Third Floor Dining Room, 3FLDR

Birthdays

Patty Briggs, 1st
Mary Draser, 1st
Oliver Axtell, 5th
Willard Miller, 5th
Eleanor Cotton, 5th
Audrey Cribbin, 14th
Louis Franzoi, 18th
Edward Taylor, 20th
Lorraine Holcombe, 20th
Bill Petersen, 21st
Betty Baird, 26th
Sam Nardone, 27th
Chester Clendenin, 27th
Marion White, 28th
Ken Baird, 30th

Transportation Schedule

Monday
11 a.m.-1 p.m.
First Bus to Malabar Road
Walmart (Sign-Up Required)

Monday & Wednesday
9-10 a.m.
Shopping at Publix, Winn-Dixie (Sign-Up Required)

Monday
12:30-2:30 p.m.
Second Bus to Malabar Road
Walmart (Sign-Up Required)

Tuesday & Thursday
9 a.m.-2 p.m.
Doctor Visits in Melbourne (Sign-Up Required 24 Hours in Advance)



Wednesday
9 a.m.-2 p.m.
Doctor Visits in Palm Bay (Sign-Up Required 24 Hours in Advance)

Wednesday
11 a.m.-1 p.m.
Retail Shopping

Friday
9 a.m.
Bank Run (Sign-Up Required)

Sunday
9 a.m.-1 p.m.
Church Shuttle (Sign-Up Required)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		7:30 Glenbrooke Gaiters, ML 10:00 Funnybones Don't Get Arthritis, CR 12:30 Popcorn Mini-Social, CR 1:00 <i>What's the Buzz Events for September</i> , CR 2:00 Bingo, 3FLDR 3:00 Yarn Club, AR 3:30 Film, Food and Folly, ML	9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'N' Fit DVD, CH 11:00 PBR Walmart/Hammock Landing, ML 11:30 Resident Council, Cafe 12:30 Sherbet Mini-Social, CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Holey Board, CH 6:30 <i>Book Club</i> , CR	7:30 Glenbrooke Gaiters, ML 10:00 <i>Thursday Thinkers (BGP)</i> , CH 11:00 Meditation/Yoga, CH 2:00 AL Bingo, 3FLDR 4:00 Rowdy Roosters Dinner, ML 6:30 Night Court, CR	9:00 Bank Run, ML 9:00 Fitness Club, FC 9:30 Go With the Flow, CH 10:30 Sewing Circle, AR 11:00 Out to Lunch @ China Max, ML 2:30 Hugging the Family Tree, CR 3:30 Happy Hour Birthday Party, CH	10:00 Coffee Social, CH 10:00 <i>Brain Games Shut the Box</i> , 3FLDR 1:00 Painting w/Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Jagged Edge" (R), TV 732
6	LABOR DAY 7	8	9	10	11	12
2:00 Ice Cream Social, Cafe 7:00 Faith and Family Film: "Letters to God" (NR), TV 732	10:00 Labor Day Program, CH 12:00 Labor Day Picnic Luncheon, DR 6:30 Dollar Bingo, CR 7:00 Labor Day Movie: "Picnic" (NR), TV 732	7:30 Glenbrooke Gaiters, ML 9:00 On Site Dermatology, AR 10:00 Health Topic Tuesday, CH 12:30 "At the Hop" Mini-Social, CR 1:00 Spelling Bee, CR 2:00 Bingo, 3FLDR 3:00 Yarn Club, AR 4:00 Red Hat's Mtg, CH	8:00 Rowdy Roosters Breakfast 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'N' Fit DVD, CH 12:30 "Back to School" Mini-Social, CR 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Holey Board, CH 6:30 <i>Book Club</i> , CR	7:30 Glenbrooke Gaiters, ML 10:00 <i>Thursday Thinkers (BGP)</i> , CH 11:00 Meditation/Yoga, CH 1:00 Gardening Club, 3FLDR 2:00 Bingo, 3FLDR 5:30 Wine-o BINGO, CR	9:00 Bank Run, ML 9:00 Fitness Club, FC 9:30 Go With the Flow, CH 10:00 Remembering 9/11, CH 10:30 Sewing Circle, AR 11:00 Out to Lunch @ Dottie's Restaurant, ML 3:30 Bach & Roll Happy Hour, CH 7:00 9/11 Movie Presentation: "The Guys" (PG), TV 732	10:00 Coffee Social, CH 10:00 <i>Brain Games Shut the Box</i> , 3FLDR 1:00 Painting w/Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Sleeping With the Enemy" (R), TV 732
ROSH HASHANAH 13	14	15	16	17	18	19
Grandparents Day Brunch, DR 2:00 Ice Cream Social, Cafe 7:00 Faith and Family Film: "Ring the Bell" (NR), TV 732	<i>National Assisted Living Week</i> 9:00 Fitness Club, FC 10:45 Sit 'N' Fit DVD, CH 1:00 Aqua Aerobics, Pool 1:00 <i>Living History</i> , 3FLDR 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	7:30 Glenbrooke Gaiters, ML 10:00 Health Topic Tuesday, CH 12:30 Death by Chocolate Mini-Social, CR 1:30 <i>Did You Ever?</i> , 3FLDR 2:00 Bingo, 3FLDR 3:00 Yarn Club, AR 4:00 Oink Night, ML	9:00 Fitness Club, FC 9:00 <i>Mini Spa</i> , 3FLDR 10:00 Catholic Communion, 3FLDR 10:45 Sit 'N' Fit DVD, CH 11:00 PBR Walmart/Hammock Landing, ML 12:30 Love Letters to Family Mini-Social, CR 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Holey Board, CH 6:30 <i>Book Club</i> , CR	7:30 Glenbrooke Gaiters, ML 9:00 <i>Poster Power</i> , 3FLDR 10:00 <i>Thursday Thinkers (BGP)</i> , CH 11:00 Meditation/Yoga, CH 12:30 Cooking Demonstration, DR 2:00 Bingo, 3FLDR 5:30 Murder Mystery Dinner Party, DR	Gilligan's Island at Glenbrooke Day 9:00 Bank Run, ML 9:00 Fitness Club, FC 9:30 Go With the Flow, CH 10:30 Sewing Circle, AR 11:00 Out to Lunch @ Apollo Diner, ML 2:30 Stories for the Heart, CR 3:30 Ahoy Mates! Happy Hour, CH	10:00 Coffee Social, CH 10:00 <i>Brain Games Shut the Box</i> , 3FLDR 1:00 Painting w/Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "The Witness" (R), TV 732
20	21	22	23	24	25	26
2:00 Ice Cream Social, Cafe 7:00 Faith and Family Film: "Facing the Giants" (NR), TV 732	9:00 Fitness Club, FC 10:45 Sit 'N' Fit DVD, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	7:30 Glenbrooke Gaiters, ML 10:00 Helpful Topic With Jim Polous, CH 12:30 "An Apple a Day" Mini-Social, CR 2:00 Bingo, 3FLDR 3:00 Yarn Club, AR 4:30 Fun Seekers, ML	AUTUMN BEGINS YOM KIPPUR 8:00 Rowdy Roosters Breakfast 9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'N' Fit DVD, CH 12:30 "Cheese & Cracker" Mini-Social, CR 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Holey Board, CH 6:30 <i>Book Club</i> , CR	7:30 Glenbrooke Gaiters, ML 10:00 <i>Thursday Thinkers (BGP)</i> , CH 11:00 Meditation/Yoga, CH 1:00 Gardening Club, 3FLDR 2:00 Bingo, 3FLDR 4:00 Cookbook Recipe Entry Deadline 4:30 Pizza Party, CH	9:00 Bank Run, ML 9:00 Fitness Club, FC 9:30 Go With the Flow, CH 10:30 Sewing Circle, AR 11:00 Out to Lunch @ Nomad Cafe, ML 2:00 <i>Resident Council Meeting (BGP)</i> , CH 3:30 Happy Hour Meet 'N' Greet, CH	10:00 Coffee Social, CH 10:00 <i>Brain Games Shut the Box</i> , 3FLDR 1:00 Painting w/Betty, CH 2:30 Bingo With Dolly & Teru, 3FLDR 7:00 Mystery Movie: "Presumed Innocent" (R), TV 732
27	28	29	30			
2:00 Ice Cream Social, Cafe 7:00 Faith and Family Film: "A Mother's Gift" (NR), TV 732	9:00 Fitness Club, FC 10:45 Sit 'N' Fit DVD, CH 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 6:30 Dollar Bingo, CR	7:30 Glenbrooke Gaiters, ML 10:00 Helpful Topic Tuesday, CH 12:30 Apple Cider & Cookies Social, CR 2:00 Bingo, 3FLDR 3:00 Yarn Club, AR 3:30 Monthly Mixer, CR	9:00 Fitness Club, FC 10:00 Catholic Communion, 3FLDR 10:45 Sit 'N' Fit DVD, CH 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Holey Board, CH 4:30 Residents Pitch in Dinner, CH 6:30 <i>Book Club</i> , CR			

Resident of the Month

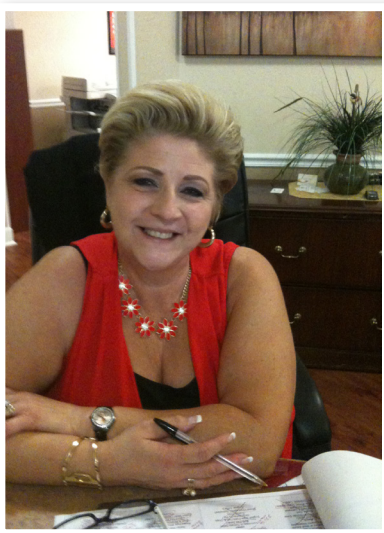
Congratulations to Patty Moltz, September's Resident of the Month. Patty can be seen at just about any Bingo game on campus and can always be trusted to put the "happy" in Happy Hour. In addition to Patty's great sense of fun is her knack of knowing when and pitching in to help fellow residents without calling attention to her doing so. And last but not least, Patty is truly one of Glenbrooke's Resident Fashionistas and is always looking her best. So next time you see Patty, give her a smile. You can bet she'll give one right back to you!



Patty M: September Resident of the Month

Team Member of the Month

Congratulations to Kelly Petrie, September's Team Member of the Month. Kelly, as Glenbrooke's Concierge Extraordinaire, can be seen at the Front Desk assisting residents, fellow team members and just about anyone else telephoning or entering Glenbrooke's doors. Kelly's professionalism is incontrovertible and her sense of style knows no equal. That said, Kelly's calm demeanor and incredible kindness, added to her already mentioned attributes, make her a joy to be around. We are truly lucky to have her at our Front Desk, on our team and as our friend!



Kelly Petrie: September Team Member of the Month

Viva México!

Mexico marks one of its most important holidays each year on Sept. 16, Independence Day. Much like the holidays north of the border in the U.S. and Canada, Mexico celebrates with parades, parties, fireworks and flags.

Each year on the eve of the national holiday, Hidalgo's stirring call to arms is re-enacted in cities with the shouts of "Viva Mexico!" sounding throughout the country. In Mexico City's main square, up to half a million people gather to hear the country's president ring the same bell Hidalgo rang and recite a modern version of the speech from the balcony of the National Palace.



Happy Fiesta Marvin Toepler



Gardner Foote a-la-fiesta