


Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE
AT PALM BAY
SENIOR LIVING AT EASE

Like Us! 

Assisted Living

815 Briar Creek Blvd. NE • Palm Bay, FL 32905 • 321-956-3330 • www.glenbrookeseniorliving.com

July 2015

From the Desk of Cindy Avinger

Dear Residents,

“We don’t meet people by accident. They are meant to cross our paths for a reason.” — Unknown

The above sums up how I feel about my time so far here at Glenbrooke. In a short time I have come to realize that Glenbrooke is imbued with a strong sense of community, and I’d like to take the time to express my gratitude to all of you for making me feel a part of that community. As I walk through the Dining Room in the mornings I see many faces which are already becoming familiar as well as the faces of those I know I will come to know better. I can’t help wondering if maybe, just maybe, our paths were indeed meant to cross if for no other reason than to allow me this incredible chance to make new friends and meet such interesting people.

Here’s wishing you a happy and healthy July as we celebrate Independence Day, remembering and honoring the brave men and women serving this country and their efforts to keep us out of harm’s way.

— Cindy

Declaration Details

As freedom rings this Fourth of July, explore these facts about the Declaration of Independence.

Initial autograph: John Hancock, president of the Continental Congress, was the first to sign the document. His signature is the largest, and the term “John Hancock” remains a common expression for a signature.

Striking script: Historians say Timothy Matlack, clerk to the secretary of the Congress, is most likely the scribe who wrote out the famous script using a quill pen and ink.

Dirty details: The bottom left corner of the document is marred by a handprint whose story and identification are unknown. It, along with other soiling, has been left alone rather than risk damage by attempting to clean it.

Safe storage: During World War II, the declaration was moved from the Library of Congress and stored at Fort Knox. In 1952, it was transferred to its permanent home, the National Archives in Washington, D.C., where it is housed in a state-of-the-art case, designed to protect the antique parchment.

Colonial copies: Paper copies of the declaration were printed on the night of July 4 to be distributed throughout the Colonies. Only 26 of these versions exist today, and most are held in museums.



Evelyn, Janet and Marion celebrating the Fourth

National Parents' Day: Advice From Our Residents

Parental advice from Glenbrooke Residents:

"Just say no."

"Always know you're parents, and God is behind you, no matter what."

"Be understanding."

"Mother knows best."

"Let it slide."

"You gotta watch everything that goes on."

"Be quiet when you eat."



Jenna Anderson: Team Member of the Month

Team Member of the Month

Kudos to Jenna Anderson, Glenbrooke's Team Member of the Month for July. Jenna is responsible for keeping the first floor resident apartments in the main building clean and tidy. But that's not all she does. Jenna is always very concerned about the residents' welfare and, on numerous occasions, has demonstrated her willingness to go above and beyond the call of duty in the interest of providing assistance to our residents. Congratulations, Jenna, Glenbrooke is indeed fortunate to count you as part of our family.



Resident of the Month

Meet Hollis Merrifield, Glenbrooke's July Resident of the Month. Hollis is an avid bingo player and can often be seen wheeling around the campus, usually in a hurry to get somewhere. Don't be fooled by Hollis' size. A big guy, he is gentle as a lamb and has a very kind heart — not to mention a great head of hair. Hollis has overcome many obstacles and is a great example of how far hard work and a "never give up" attitude can take a person.

Congratulations, Hollis, you are an inspiration to us all.



National French Fry Day

Each year on July 13, thousands of people will participate in the celebration of National French Fry Day by enjoying one of the many varieties of the classic French fry.

French fries, also known as chips, fries, finger chips or French-fried potatoes, are batons of deep-fried potatoes and are common fixtures at fast food restaurants that are loved by adults and kids alike!

French fries are often complimented with ketchup, ranch dressing, vinegar, mayonnaise, honey mustard, cheese, gravy or chili. Sometimes the fries are made from sweet potatoes instead of potatoes, are baked instead of fried or are cut up into unusual shapes such as curly fries, waffles fries, crinkle cut fries or tornado fries.