


# Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE  
AT PALM BAY  
SENIOR LIVING AT EASE

Like Us! 

Assisted Living

815 Briar Creek Blvd. NE • Palm Bay, FL 32905 • 321-956-3330 • [www.glenbrookeseniorliving.com](http://www.glenbrookeseniorliving.com)

May 2015

## From the Desk of Jackie Holmes

Dear Friends,

Wow! Can you believe it is already May? For so many, May is such a busy month. We celebrate Cinco de Mayo, Mother's Day, Memorial Day and for those of us who are racing fans, it is the month of the Indy 500. Less known to most ... May is Get Caught Reading Month.



Glenbrooke has a great library and for those of you who would prefer to be read to in a group setting, you should give our weekly Book Club a try. They meet Wednesdays at 6:30 p.m. in the card room on the second floor. Gloria not only reads a book, but makes it come alive for all those who attend.

So visit our library, grab a book or get a neighbor and attend our Book Club. These are all opportunities to meet and make new friends. Ruben Welch said it best when he wrote the book "We Really Do Need Each Other." Glenbrooke is here for each and every one of you and we are blessed to have you call Glenbrooke home.

Until next month ... Enjoy life; it is a gift.

— Jackie

## Team Member of the Month

Kudos to Wendy Hoover, Team Member of the Month. Space prohibits a comprehensive listing of Wendy's numerous attributes and what she brings to Glenbrooke. Suffice it to say, therefore, that Wendy's incredibly strong work ethic, along with her cheerful and compassionate demeanor, make her a joy to be around. We dare you to attempt to talk with her for more than one minute and not find yourself smiling. It is simply not possible.

Congratulations, Wendy! You are such a treat!



The "Hostess (Twinkie) With the Mostest,"  
Wendy Hoover, Team Member of  
the Month!



ASSISTED LIVING

MAY 2015

Locations

Activity Room, AR

Cafe, Cafe

Card Room, CR

Clubhouse, CH

Dining Room, DR

Eligible for Brain Games Points, BGP

Fitness Center, FC

Glenbrooke Information Station, TV 732

Library, LIB

Main Lobby, ML

Sign Up Required, \*\*

Swimming Pool, Pool

Third Floor Dining Room, 3FLDR

Transportation  
Schedule

Monday

9 a.m.-2 p.m.

Shopping at Publix/Winn-Dixie,  
Malabar Road Walmart As Well As  
Occasional Special Shopping Outings

Tuesday & Thursday

9 a.m.-2 p.m.

Doctor Visits (SIGN-UP REQUIRED  
24 HOURS IN ADVANCE)

Wednesday

9 a.m.-2:30 p.m.

Doctor Visits (SIGN-UP REQUIRED  
24 HOURS IN ADVANCE) Shopping  
at Publix/Winn-Dixie and PBR  
Walmart/Hammock Ldg

Friday

11 a.m.-1:30 p.m.

Lunch Bunch, Bank Run  
(SIGN-UP REQUIRED)

Sunday

9 a.m.-noon

Church Shuttle (SIGN-UP REQUIRED)

Birthdays

Jean Sobotor, 6th

Mae Gaboury, 12th

Nancy Pfister, 15th



Agnes Dolan, 23rd

Howard Austin, 25th

Lou "Pops" Sobotor, 26th

Ben Harris, 29th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
9:00 Church Shuttle, ML None 2:00 Ice Cream Social, Cafe None <b>7:00 Faith and Family Film: "The Woodcarver" (PG), TV 732</b>	9:00 Fitness Club, FC None 9:00 Publix/Winn-Dixie, ML None 10:45 Sit 'N' Fit, CH None 11:00 1st Bus Malabar Walmart, ML None 12:30 2nd Bus Malabar Walmart, ML None 1:00 Aqua Aerobics, Pool None 2:00 Musical Monday, CR None 3:00 Glenbrooke Crafters, AR None 3:00 Holey Board, CH None 3:30 Film, Food and Folly, ML None 6:30 Dollar Bingo, CR None	<b>Happy Cinco De Mayo!</b> 7:30 Glenbrooke Gaiters, ML None 10:00 Health Topic Tuesday: "That's the Spirit!" (BGP), CH 11:00 Go With the Flow, CH None 2:00 Bingo, 3FLDR None	9:00 Fitness Club, FC None 9:00 Publix/Winn-Dixie, ML None 10:00 Catholic Communion, 3FLDR None 10:45 Sit 'N' Fit, CH None 11:30 AL Resident Council, Cafe None 1:00 Shut the Box, CR None 1:00 Aqua Aerobics, Pool None 2:00 Rolling Bowling, CR None 2:30 Hammock Landing/PBR Walmart, ML None 3:00 Yarn Club, AR None 6:30 Book Club, CR	7:30 Glenbrooke Gaiters, ML None 10:00 Thursday Thinkers (BGP), CH 11:00 Meditation/Yoga, CH None 2:00 AL Bonanza Bingo, 3FLDR None 4:00 Rowdy Roosters Dinner, ML None	9:00 Fitness Club, FC None 10:30 Sewing Circle, AR None <b>11:00 Lunch Bunch at Sonny's BBQ, ML</b> 1:00 Brain Games Bingo, 3FLDR 1:30 Bank Run, ML None 3:30 Spring Fling Happy Hour, CH None	10:00 Coffee Social, CH None 10:00 Brain Games Shut the Box, 3FLDR 1:00 Painting w/Betty, CH None 2:30 Bingo With Dolly & Teru, 3FLDR None <b>7:00 Movie: "Courageous" (PG-13), TV 732</b>
<b>MOTHER'S DAY</b> 9:00 Church Shuttle, ML None 2:00 Ice Cream Social, Cafe None <b>7:00 Faith and Family Film: "The Ultimate Gift" (PG), TV 732</b>	9:00 Fitness Club, FC None 9:00 Publix/Winn-Dixie, ML None 10:45 Sit 'N' Fit, CH None 11:00 1st Bus Malabar Walmart, ML None 12:30 2nd Bus Malabar Walmart, ML None 1:00 Aqua Aerobics, Pool None 2:00 Musical Monday, CR None 3:00 Glenbrooke Crafters, AR None 3:00 Holey Board, CH None 3:00 Shop at Johnny's Bakery, ML 4:30 Fun Seekers Outing w/ Gloria, ML None 6:30 Dollar Bingo, CR None	7:30 Glenbrooke Gaiters, ML None 9:00 On-Site Dermatology, AR None 10:00 Health Topic Tuesday: "Pain Management" (BGP), CH None 11:00 Go With the Flow, CH None 2:00 Bingo, 3FLDR None 4:00 Red Hat Mtg/Dinner, ML None 6:30 Crooks and Criminals, CR	8:00 Rowdy Roosters Breakfast None 9:00 Fitness Club, FC None 10:00 Catholic Communion, 3FLDR None 10:45 Sit 'N' Fit, CH None 1:00 Aqua Aerobics, Pool None 1:00 Shut the Box, CR None 2:00 Rolling Bowling, CR None 3:00 Yarn Club, AR None 6:30 Book Club, CR	7:30 Glenbrooke Gaiters, ML None 10:00 Thursday Thinkers (BGP), CH 11:00 Meditation/Yoga, CH None 2:00 Bingo, 3FLDR None <b>4:30 Dancing With the Stars, 3FLDR</b>	9:00 Fitness Club, FC None 10:30 Sewing Circle, AR None <b>11:00 Lunch Bunch @ Cracker Barrel, ML</b> 1:30 Bank Run, ML None 3:30 High Tea Happy Hour, CH None	10:00 Coffee Social, CH None 10:00 Brain Games Shut the Box, 3FLDR 1:00 Painting w/Betty, CH None 2:30 Bingo With Dolly & Teru, 3FLDR None <b>7:00 Movie: "Now and Then" (PG-13), TV 732</b>
9:00 Church Shuttle, ML None 2:00 Shake, Rattle and Roll, Cafe None 3:00 Music Recital, CH None <b>7:00 Faith/Family Film: "Secrets of Jonathan Sperry" PG, TV 732</b>	9:00 Fitness Club, FC None 9:00 Publix/Winn-Dixie, ML None 10:45 Sit 'N' Fit, CH None 11:00 1st Bus Malabar Walmart, ML None 12:30 2nd Bus Malabar Walmart, ML None 1:00 Aqua Aerobics, Pool None 2:00 Musical Monday, CR None 3:00 Glenbrooke Crafters, AR None 3:00 Holey Board, CH None 3:30 Film, Food and Folly, ML None 6:30 Dollar Bingo, CR None	7:30 Glenbrooke Gaiters, ML None 10:00 Health Topic Tuesday: "Heart Heath" (BGP), CH 11:00 Go With the Flow, CH None 2:00 Bingo, 3FLDR None <b>4:00 Brain Games Graduation Party, CR</b>	9:00 Fitness Club, FC None 9:00 Dr. Mabry, AR None 9:00 Publix/Winn-Dixie, ML None 10:00 Catholic Communion, 3FLDR None 10:45 Sit 'N' Fit, CH None 1:00 Shut the Box, CR None 1:00 Aqua Aerobics, Pool None 2:00 Rolling Bowling, CR None 2:30 Hammock Landing/PBR Walmart, ML None 3:00 Yarn Club, AR None 6:30 Book Club, CR	7:30 Glenbrooke Gaiters, ML None 10:00 Thursday Thinkers (BGP), CH 11:00 Meditation/Yoga, CH None 2:00 Bingo, 3FLDR None 6:00 Dancing With the Stars Part II, CH None	9:00 Fitness Club, FC None 10:30 Sewing Circle, AR None <b>11:00 Lunch Bunch at San Remos, ML</b> 1:30 Hugging the Family Tree, CH None 1:30 Bank Run, ML None 3:30 Travel to Asia Happy Hour, CH None	10:00 Coffee Social, CH None 10:00 Brain Games Shut the Box, 3FLDR 1:00 Painting w/Betty, CH None 2:30 Bingo With Dolly & Teru, 3FLDR None <b>7:00 Movie: "Challenger" (NR), TV 732</b>
9:00 Church Shuttle, ML None 1:00 **Henegar Theatre Outing, ML None 2:00 Ice Cream Social, Cafe None <b>7:00 Faith and Family Film: "Undercover Angel" (NR), TV 732</b>	<b>MEMORIAL DAY</b> 8:00 Happy Memorial Day <b>11:00 Picnic Lunch Served Until 1 p.m., DR</b> <b>4:00 Special Movie Presentation: "Memorial Day," TV 732</b> <b>6:30 Dollar Bingo, CR</b>	7:30 Glenbrooke Gaiters, ML None 10:00 Health Topic Tuesday: "Humor Therapy" (BGP), CH None 11:00 Go With the Flow, CH None 2:00 Bingo, 3FLDR None	8:00 Rowdy Roosters Breakfast None 9:00 Fitness Club, FC None 9:00 Publix/Winn-Dixie, ML None 10:00 Catholic Communion, 3FLDR None 10:45 Sit 'N' Fit, CH None 1:00 Shut the Box, CR None 1:00 Aqua Aerobics, Pool None 2:00 Rolling Bowling, CR None 2:30 Hammock Landing/PBR Walmart, ML None 3:00 Yarn Club, AR None 6:30 Book Club, CR	7:30 Glenbrooke Gaiters, ML None 10:00 Thursday Thinkers (BGP), CH 11:00 Meditation/Yoga, CH None <b>1:00 "Pep Rally" (Review of Next Month's Events), CH</b> 2:00 Bingo, 3FLDR None 4:30 Pizza Party, CH None	<b>Lunch Bunch at "Driver's Choice," ML</b> 9:00 Fitness Club, FC None 10:30 Sewing Circle, AR None 1:30 Bank Run, ML None 2:00 Resident Council Meeting (BGP), CH 3:30 That's So '90s Happy Hour, CH None 7:00 Armchair Travel, TV 732 None	10:00 Coffee Social, CH None 10:00 Brain Games Shut the Box, 3FLDR 1:00 Painting w/Betty, CH None 2:30 Bingo With Dolly & Teru, 3FLDR None <b>7:00 Movie: "A Time to Triumph" (NR), TV 732</b>
9:00 Church Shuttle, ML None 2:00 Ice Cream Social, Cafe None <b>7:00 Faith and Family Film: "Solomon's Choice" (NR), TV 732</b> <b>7:00 Faith and Family Film: "As I Stand" (NR), TV 732</b>						



# In Honor of Mother's Day

Mother

— Sarah Malin

Your arms were always open when I needed a hug.  
Your heart understood when I needed a friend.  
Your gentle eyes were stern when I needed a lesson.  
Your strength and love has guided me and gave me wings to fly.  
A Mother's Love

— Anonymous

Of all the special joys in life,  
The big ones and the small,  
A mother's love and tenderness  
Is the greatest of them all.  
I Love You, Mom!

— Anonymous

Mom's smiles can brighten any moment,  
Mom's hugs put joy in all our days,  
Mom's love will stay with us forever  
and touch our lives in precious ways...  
The values you've taught,  
the care you've given,  
and the wonderful love you've shown,  
have enriched my life  
in more ways than I can count.  
I love you, Mom!

# New Addition to Saturday Programming!

Looking for something to do Saturday afternoons? Well, look no more. We are excited to announce Bingo with Dolly and Teru at 2:30 p.m. on Saturdays in the Third Floor Dining Room. Dolly will be calling and Teru will be assisting as needed. Bingo on the third floor has always been fun and full of surprises, but with this dynamic duo, look out! Anything could happen. Don't miss it! It's always "fun and games" with Dolly and Teru!

**Programming Note:** Bonanza Bingo will now take place on Thursdays.



Ellie K., JoAnn B. and Wanda D. Their shirts say it all!



Dolly D. and Teru D. are ready for some fun ... how about you?



Evelyn G. wearing her lucky Bingo shirt and hat

## Resident of the Month

Meet Phil Stokes, Resident of the Month. Phil is quite involved at Glenbrooke, with much of that involvement occurring behind the scenes and perhaps unnoticed. For instance, Phil is responsible for the presentation of the "Social Singles," a gathering where many beautiful musical DVDs are made available for residents to enjoy in a relaxed social setting.

Phil also facilitates Glenbrooke's Discussion Group and invites all residents to attend. Phil encourages more male residents to attend these activities, which he describes as being attended by several attractive and articulate females. To Phil it's a no-brainer: Armed with this information, why wouldn't more men want to attend?

Congratulations, Phil! Whatever you do, you do it in style. This certainly explains why you won the Glenbrooke Oscar for "Most Stylish"!

