


Glenbrooke at Palm Bay *Lifestyle*

GLENBROOKE
AT PALM BAY
SENIOR LIVING AT EASE

Like Us! 

Assisted Living

815 Briar Creek Blvd. NE • Palm Bay, FL 32905 • 321-956-3330 • www.glenbrookeseniorliving.com

April 2015

April Fools' Day

April Fools' Day is about more than playing jokes, tricks and pranks. That's just the most fun part of the day!

In the 16th century, France celebrated the new year just like we do today, except they partied on April 1. In 1562, Pope Gregory changed the calendar to the one we use today and from then on, the new year began on Jan. 1. Lots of peeps didn't know about the new calendar or they ignored the new calendar and kept celebrating on April 1. Everyone else called them April fools and played tricks on them.

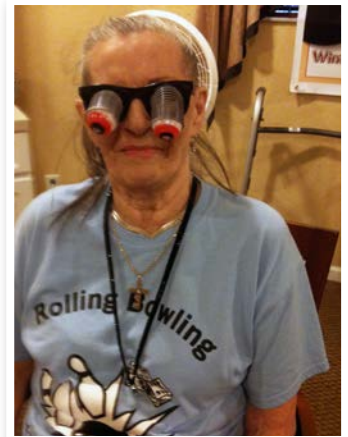
In England, tricks can only be played in the morning. If a trick is played on you, you are a "noodle." In Scotland, you are called an "April gowk," which is another name for a cuckoo bird. In Portugal, April Fools' is celebrated on the Sunday and Monday before Lent. Pranksters usually throw flour at their friends.



Barbara Crawford



Agnes Dolan



Mary Draser

Glenbrooke Will Host Our Very Own "Royal Party"

Join us on April 9 at 4:30 p.m. in the third floor dining room. We will have some of the queen's favorite foods for dinner. Watch for your invitation!

How does the Queen celebrate?

Buckingham Palace Garden Party is celebrated every summer. The Queen hosts at least three at Buckingham Palace, as well as one at the Palace of Holyroodhouse in Edinburgh. Over 30,000 people attend.

With tea, cakes and a beautiful garden to stroll in, garden parties are among the most relaxed and informal royal events.

Garden parties have been held at Buckingham Palace since the 1860s, when Queen Victoria instituted what were known as "breakfasts" (though they took place in the afternoon). In the 1950s, the number of garden parties held at Buckingham Palace was increased from two to three a year. They took the place of presentation parties attended by debutantes, but have evolved into a way of rewarding and recognizing public service. They are attended by people from all walks of life.

ASSISTED LIVING

APRIL 2015

Locations

- Activity Room, AR
- Cafe, Cafe
- Card Room, CR
- Clubhouse, CH
- Dining Room, DR
- Fitness Center, FC

Glenbrooke Information Station, TV 732

Library, LIB

Main Lobby, ML

SIGN UP REQUIRED, ##

Swimming Pool, Pool

Third Floor Dining Room, 3FLDR

Transportation
Schedule

Monday

9 a.m.-2 p.m.

Shopping at Publix/Winn-Dixie
and Malabar Rd Walmart

Tuesday and Thursday

9 a.m.-2 p.m.

Doctor Visits (SIGN-UP REQUIRED)
24 HOURS in ADVANCE

Wednesday

9 a.m.-1:30 p.m.

Shopping at Publix/Winn-Dixie and Retail
Shopping (SIGN-UP REQUIRED)

Friday

9 a.m.-1:30 p.m.

Bank Run, Lunch Bunch, Retail
Shopping (SIGN-UP REQUIRED)

Sunday

9 a.m.-Noon

Church Shuttle (SIGN-UP REQUIRED)

Birthdays

Norma LaFortune, 5th

Shirley Miars, 6th

Sarah Dickson, 7th

Fred Blackman, 11th

Betty Francisco, 12th

Barbara Crawford, 14th

Jen Canuel, 15th

Mimi Bauer, 16th

Madeline Luedeke, 16th

Emma Lindberg, 23rd

Bob Bauer, 27th

Ron Greenwood, 28th

Jack Gregory, 29th

Flip Musich, 29th

Adelyn Otlman, 30th

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
EASTER 5	7:30 Glenbrooke Gaiters Walking Club, ML 9:00 Shop at Publix/Winn Dixie, ML 9:00 Fitness, FC 11:00 1st Bus Malabar Walmart, ML 11:00 Sit 'N' Fit w/Denise, CH 12:30 2nd Bus Malabar Walmart, ML 1:00 Aqua Aerobics, Pool 2:00 Singalong, CR 3:00 Glenbrooke Crafters, AR 3:30 Film, Food and Folly, ML 6:30 Dollar Bingo, CR	9:00 Medical Appointments ##, ML 10:00 Health Topic Tuesday (Brain Games Points), CH 11:00 Go With the Flow, CH 2:00 Bingo, 3FLDR	9:00 Shop at Publix/Winn Dixie, ML 9:00 Fitness, FC 10:00 Catholic Communion, 3FLDR 12:30 Palm Bay Road Walmart, ML 12:30 Twinkie Time, Cafe 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Yarn Club, AR 6:30 Book Club (Brain Points), CR	9:00 Medical Appointments ##, ML 10:00 Thursday Thinkers, CH 10:00 Chaplain's Corner, CR 11:00 Meditation for Beginners, CH 2:00 Bingo, 3FLDR 4:30 Royal Party 6:30 Night Court (Brain Points), CR	GOOD FRIDAY/ PASSOVER BEGINS AT SUNSET 9:00 Bank Run##, ML 10:30 Sewing Circle, AR 11:00 Lunch Bunch, ML 1:00 Brain Games, Crossword, 3FLDR 3:00 Easter Egg Happy Hour, CH	10:00 Coffee Social, CH 10:00 Brain Games: Shut the Box, 3FLDR 7:00 Movie: "Seven Days in Utopia" (G), Cafe
9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "Passion Fish," TV 732	9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "Rain Man" (R), TV 732	9:00 Medical Appointments ##, ML 10:00 Health Topic Tuesday (Brain Games Points), CH 11:00 Go With the Flow, CH 2:00 Bingo, 3FLDR 4:00 Red Hat Mgt/ Dinner##, ML	9:00 Shop at Publix/Winn Dixie, ML 9:00 Fitness, FC 10:00 Catholic Communion, 3FLDR 10:00 Wednesday Wellness, CH 11:00 Sit 'N' Fit w/Denise, CH 12:30 Palm Bay Road Walmart, ML 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 3:00 Yarn Club, AR 6:30 Book Club (Brain Points), CR	9:00 Medical Appointments ##, ML 10:00 Thursday Thinkers, CH 10:00 Chaplain's Corner, CR 11:00 Meditation for Beginners, CH 2:00 Bingo, 3FLDR	9:00 Bank Run##, ML 10:30 Sewing Circle, AR 11:00 Lunch Bunch, ML 1:00 Bonanza Bingo, 3FLDR 3:30 Wear Your PJs Happy Hour, CH	10:00 Coffee Social, CH 10:00 Brain Games, Shut the Box, 3FLDR 2:00 Bonanza Bingo, 3FLDR 7:00 Movie: "Madea's Class Reunion" (NR), TV 732
9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "In Harm's Way" (NR), TV 732	9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "In Harm's Way" (NR), TV 732	9:00 Medical Appointments ##, ML 10:00 Health Topic Tuesday (Brain Games Points), CH 11:00 Go With the Flow, CH 2:00 Bingo, 3FLDR	EARTH DAY 8:00 Rowdy Roosters Breakfast 9:00 Shop at Publix/Winn Dixie, ML 9:00 Fitness, FC 10:00 Catholic Communion, 3FLDR 10:45 Jelly Bean Jamboree, CH 11:00 Sit 'N' Fit w/Denise, CH 12:30 Palm Bay Road Walmart, ML 1:00 Shut the Box, CR 1:00 Aqua Aerobics, Pool 2:00 Rolling Bowling, CR 6:30 Book Club (Brain Points), CR	9:00 Medical Appointments ##, ML 10:00 Thursday Thinkers, CH 10:00 Chaplain's Corner, CR 11:00 Meditation for Beginners, CH 2:00 Bingo, 3FLDR 6:30 Night Court (Brain Points), CR	9:00 Bank Run##, ML 10:30 Sewing Circle, AR 11:00 Lunch Bunch, ML 1:30 Retail Shopping##, TV 732 2:00 Resident Council Meeting (Brain Games Points), CH 3:30 Funny Bones Happy Hour, CH	10:00 Coffee Social, CH 10:00 Brain Games, Shut the Box, 3FLDR 7:00 Movie: "Now and Then" (PG-13), TV 732
9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "Good Will Hunting" (R), TV 732	9:00 Church Shuttle, ML 2:00 Ice Cream Social, Cafe 7:00 Movie: "Good Will Hunting" (R), TV 732	9:00 Medical Appointments ##, ML 10:00 Health Topic Tuesday (Brain Games Points), CH 11:00 Go With the Flow, CH 2:00 Bingo, 3FLDR	9:00 Shop at Publix/Winn Dixie, ML 9:00 Fitness, FC 10:00 Catholic Communion, 3FLDR 11:00 Sit 'N' Fit w/Denise, CH 12:30 Palm Bay Road Walmart, ML 1:00 Aqua Aerobics, Pool 1:00 Shut the Box, CR 2:00 Rolling Bowling, CR 3:00 Yarn Club, AR 6:30 Book Club (Brain Points), CR	9:00 Medical Appointments ##, ML 10:00 Thursday Thinkers, CH 10:00 Chaplain's Corner, CR 11:00 May Activities Review, CH 11:00 Meditation for Beginners, CH 2:00 Bingo, 3FLDR		

April Resident of the Month

Meet June Geiger, April's Resident of the Month. June is widely considered Glenbrooke's resident movie critic and often helps select the movies shown on Channel 732 as well as the movies attended on the Film, Food and Folly Events. The next time you see June, give her "two thumbs up" for being a great Resident of the Month!



June Geiger:
April Resident of
the Month

April Team Member of the Month

Congratulations to George Wagner — April Team Member of the Month! George can be spotted around the Glenbrooke Campus doing touch-up painting, household repairs, tracking down and fixing water leaks, and sometimes even providing technical assistance when a computer is down. Not only is George a very capable guy, he is a guy with a very positive attitude. Such are just a few of the reasons he is often referred to as "Git-Er-Done George!"



George Wagner:
April Team Member of
the Month

The Sweetest Bean

Chewy, sweet and colorful, jelly beans are a favorite treat for people of all ages.

Jelly beans are widely believed to have originated from Turkish delight, a candy made of cornstarch and sugar that is similar to the soft, gel-like center of a jelly bean.

An unknown American candy maker created the first jelly beans in the mid-1800s, and, in the 1860s they were marketed to soldiers serving in the Civil War. The protective, non-sticky outer shell and small size made them easy to carry in pockets. Jelly beans quickly became a popular penny candy and were the first candy to be sold by weight rather than by piece.

About 16 billion jelly beans are produced every year. Depending on the manufacturer, it can take seven to 21 days to make a jelly bean. Once the gooey center is formed, the bean undergoes a process called "panning," when colors, flavors and several layers of sugar are applied, creating the outer shell.

Cherry (red) is the most popular jelly bean flavor.



Guess how many jelly beans are in the jar; Come to the Clubhouse on Wednesday, April 22, at 10:45 a.m., for a Jelly Bean Jamboree!